



COME JOIN US

See our calendar on page 6, or visit www.uucob.org for the most up-to-date information.

2/1 - "From Heaven to Hell and Back Again" - Renate Macchirole

We arrive in this world as these radiant little Beings, innocent, pure and filled with loveAnd then life happens. I am honored to share part of my journey and the lessons learned along the way.

2/ 8 - "The Jewish New Year of the Trees – Tu Bishvat Seder (Intergenerational Service) Rev. Patricia Guthmann Haresch

The celebration of Tu Bishvat, the Jewish New Year of the Trees, has waxed and waned over the years. In the 16th century, Jewish mystics invigorated the festival by composing a Tu Bishvat seder based upon the Passover seder. This seder has been rediscovered and adapted by contemporary Jews who connect its themes with ecological concerns and service to the world. All ages are welcome to participate in a Tu Bishvat seder during the morning service. For the seder bring fruits and nuts to share that have hard outer shells and soft or otherwise edible insides, fruits with pits, or fully edible fruits (such as seedless grapes or strawberries). Contact Pat if you are interested in being one of the readers for the seder (all ages are needed) (UUCOB Office: 261-2801; minister@uucob.org).

2/15 - Darwin Day – The Scopes Trial Revisited (Discussion Sunday & Light Brunch) - - Start time 10:20 am, George Mendelson

Darwin Day is a global celebration of science and reason held on or around Feb. 12, the birthday anniversary of evolutionary biologist

Charles Darwin (who attended a Unitarian church and day school as a child in England). To mark the 200th anniversary of Charles Darwin's birth, George Mendelson will lead us in revisiting the famous 1925 Scopes Trial in which a teacher was charged with teaching evolution. The case attracted world-wide attention. America's most famous trial lawyer, Clarence Darrow, led the defense team. William Jennings Bryan, a renowned fundamentalist and three time a candidate for U.S. President, was a member of the prosecution and "testified" as an expert on the Bible. Our speaker is a recovering attorney,, former federal prosecutor and defense lawyer who specialized in white collar criminal trials. He taught business ethics and business/government relations at the MBA level. You may recall his contribution to our recent discussion session on Immortality.

How does this case continue to have relevance for us today?

Following the morning service and social time, all are welcome to eat popcorn and view the classic Spencer Tracy film, INHERIT THE WIND, about the trial. For "DiscussionSunday" and the film screening, brunch potluck items are welcome.

2/22 Little Red Riding Hood Series – III. Who's the Wolf? Who's the Other? - Rev. Pat Guthmann Haresch

This is the last of Rev. Pat's three sermons centering on a different character/personality in the Little Red Riding Hood story. This Sunday we turn to the Wolf. Join Rev. Pat as she considers what is like to be the other and how we come to separate out certain people from the rest of the pack, the rest of the human family, to demonize them and call them "other."



FROM THE MINISTER

Rev Pat Guthmann Haresch

Before I went to seminary, I was part of a wonderful “Women and Spirituality” group of about 10 women from my UU congregation. The youngest member of the group was a beautiful, justice-oriented, driven graduate student in Social Work named Ann. When I think of Ann, her lion’s mane of hair, wide electric doe eyes and strength of character comes to mind.

I say this, yet I never saw Ann without her using a portable tank of oxygen. Before I met her, a chemical accident had left her lungs damaged. Because of her strength of character, I often forgot about her underlying physical vulnerabilities and how quickly her health at any time could take a grave turn for the worse.

Some months before she died, I remember some of the ladies in the group getting together for lunch or coffee. Ann arrived all jubilant and perky with a file she wanted to show us. She had decided to take herself off the lung transplant list and wanted to talk with us about her memorial service plans for ideas and to let us know she wanted us to be involved. Being confronted with the prospect of Ann’s death so directly and suddenly, rather than helping and supporting her as she had hoped, we tried to encourage Ann and quell any concerns about her death being sooner than later. She

was so frustrated with us, but per usual she got us all back on board and seeing things her way.

In the end, I believe her memorial and graveside services were just as she had wished. Her mother involved our group throughout. Ann’s favorite poems were read. That strength of character, Ann’s spirit flowed throughout and all around every part of those services.

This is my desire. That any who wish might have the same peace of mind that Ann did in the end because she knew that her minister and loved ones knew her final wishes regarding her medical treatment, memorial, organ donation, and burial. To that end, I am developing a form for any who wish to use it, to help them think beyond estate planning about what other end of life documents you may wish to gather, what you might like on file with your minister such as emergency contacts, main family contacts for medical decisions and memorial planning, and desires for a memorial service. Regardless if you complete a form or not, I welcome any who would like to make an appointment with me to discuss final wishes and your vision of a memorial service.

Oh that we may take care of this now and put it on file not to be touched for many years to come. My best wishes, Rev. Pat

REV. PAT IN THE UU WORLD

Rev. Pat was recently contacted for permission to publish in the Spring Edition of the UU WORLD an excerpted version of her sermon that won the 2008 Jerry Davidoff Sermon Award from the Unitarian Universalists for Jewish Awareness (UUJA). This will also appear on the web version of the UU WORLD.

UU WORLD is published quarterly by the Unitarian Universalist Association on behalf of its member congregations. The magazine descends from a long line of Unitarian and Universalist publications going back almost two centuries. UNIVERSALIST MAGAZINE was founded in 1819 and the UNITARIAN CHRISTIAN REGISTER in 1821. UUCOB members may receive the UU WORLD free. Extra copies are available in the Meetinghouse.



FROM THE PRESIDENT

Fran Green

For my article this month, I am submitting an editorial from The Coloradoan, the Fort Collins local newspaper. When I read it on December 23, 2008, it seemed appropriate to consider as we move into 2009.

Fran Green

The Upside to the Economic Downturn

There are hidden benefits to an economic downturn, if only we learn to see them.

Americans work harder and consume more than any other population in the world. We consume 25% of the world's resources, yet represent only 4% of the world's population. Our lives are dominated by the hurry of the Western world, and the stress in our lives is defined by the numerous facets of the typical American lifestyle: workout in the morning; full court press at work; kids to soccer; responding to e-mails at night; homework until midnight; dinner with the family, if you're lucky.

A downturn can be an opportunity to refocus on those things that we hold more dearly but often struggle to put into perspective. A little slower life gives us more of a chance to be with family. We may also find that if we spend a little less, we don't really need as much. It is an opportunity to think more about our spirituality and the values of life often lost in the hurry of the American family.

If we spend a little less, we wouldn't need to make as much. If we don't need as much, we can find more time for those occasions when we laugh by being with friends and family at dinner. Maybe our children could spend more time in imaginative and creative play in a natural setting instead of racing up and down a basketball court pursuing limited positions on a basketball or volleyball team.

STARTING A YOUTH GROUP AT UUCOB

Sunday, February 15

Meeting w/ Rev. Pat: 11:30 am, RE Building (Heron Pond Montessori Space)

View "Inherit the Wind": 12:15 pm

All middle & high school age youth are invited to attend the **DISCUSSION SUNDAY & POTLUCK SERVICE AT 10:20 AM** focusing on the famous 1925 Scopes trial about whether Darwin's Theory of Evolution should be taught in public schools, followed by a meeting with Rev. Pat at 11:30am to discuss starting a youth group at UUCOB. After the meeting with Rev. Pat, youth are encouraged to stay, eat popcorn, and view the classic Spencer Tracy film, **INHERIT THE WIND**.

What would you like the youth group to be? A gathering to talk about beliefs and values, a pizza and film discussion group, a group to work on service projects for the community? Make your preferences known by attending on Sunday, 2/15, or if you are unable to attend contact Rev. Pat with your ideas (261-2801; minister@uucob.org).



Treasurer Trivia

Chuck Purser

We completed 50% of the current fiscal year at the end of December, and we have collected 58% of planned income, and paid out 49% of budgeted expenses. Spreadsheets are posted in the church office detailing income, outflow, assets, and liabilities. Our current donation receipts include \$2,741 collected from the sponsored students attending COA and the corresponding amount will be paid out upon receipt of the COA invoice for tuition.

Annual dues for UUCOB to UUA and TJ District were paid in full in December.

Investments increased slightly in December, but we're still lagging because of poor economic and stock market performance. Just when it appears that the country may have hit the bottom and an upturn starting, new released data on negatively viewed reports reverse the trend and we sink some more. The unemployment tracking and retail sales results are some recent negatives. We can hope that the new administration will boost consumer confidence and spur a positive outlook for business. Consumer sales represent 70% of the GDP, Gross Domestic Product. With high unemployment and many corporations cutting back hours of retained employees, it will not be a quick spending reprieve on the horizon.

Share the Plate for December was the Dare County Friends of Youth. A check for \$319.00 and letter were given to Jennifer Wooten, member and employee of Friends of Youth. She mailed us a very thoughtful Thank You letter. Our Christmas Eve service collected \$270.00 for GEM Adult Day Care Services. A check and letter were delivered to Gail Sonnesso, and she has since mailed us a most appreciative Thank You note.

Any questions or comments for the Treasurer please call cell 216-9119 or email at purserchuck@yahoo.com.

LUNCH WITH PAT

Tuesday Febreuary 24, Noon to 1:30 pm

UUCOB Meetinghouse

Bring Your Own Lunch and Beverage.

You are invited to join Rev. Pat, our minister, and other UUCOB members and friends for lunch, socializing, and conversation. Please note that we are now meeting the last Tuesday of each month so that those who are able may stay and prepare the UUCOB newsletter for mailing.

Look to February weekly UUCOB email notices and during Sunday morning programs for the topic of February's LUNCH W/ PAT to be announced.

The playground will be in use by the Montessori school. Accordingly, the porch (depending on the weather) and Minister's Office may be available for supervised play. Anyone interested in a cooperative playgroup and/or finding a sitter together may contact Rev. Pat at UUCOB (252-261-2801; minister@uucob.org).



FEBRUARY SHARE-THE-PLATE

Interfaith Community Outreach

A portion of our plate collections on Sunday mornings this month will go to Interfaith Community Outreach (ICO). ICO provides emergency gap services and referrals to people on the Outer Banks and surrounding areas who have no other place to turn for help. ICO is an interfaith organization of volunteers who are supported by more than 20 local faith communities and network partners.

FROM THE BOARD

Fran Green & Nancy Byrne

Board Action Points During January

The UUA and TJD dues were paid in full in December.

The Christmas Eve candle-lighting service was such a success that it will be instituted as a regular service every year. A special collection taken for GEM at the service totalled \$270.

UUCOB Board voted to be an official participant providing volunteers for service (providing meals, setting up, and possibly driving) in the Room at the Inn program for homeless people in area churches. Pat will be the initial coordinator.

There is some concern about whether voting by the board can be done by email, when a vote needs to be taken between Board meetings. Until a by law change can be made, the president will decide when email votes are warranted.

The Board nominated Gini Courter to continue as Moderator of the Unitarian Universalist Association which will support placing her name on this year's ballot.

A complete copy of the meeting minutes, committee reports and associated documentation are posted in the office at UUCOB.

UUCOB ROCK & ROLL HOP & CHOCOLATE AUCTION



FEBRUARY 7th – 6:30 pm

Who is invited: Children, members, friends, guests, and public.

Tickets: Bring food for Food bank or make Cash Donation for local Food Bank

Costumes: why not?!

Live Music: from some of our friends that you will not want to miss!!!

Dance to the UUCOB Top Ten Countdown for the 1950's and 1960's.

1950's/60's snacks and drinks at minimal charge

Auctioning the BEST chocolate baked goods and sweets to be found on the OBX
Proceeds go to local Food Bank and to UUCOB operating budget.

Well, you can rock it, you can roll it

Do the stomp and even stroll it at the hop

When the record stop a-spinnin'

At our auction, you'll do some winnin' at the hop

Great Chocolate Sensations; generous donations for food bank and congregation at the hop

FEBRUARY 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <small>+ADD</small>	2 <small>+ADD</small>	3 <small>+ADD</small>	4 <small>+ADD</small>	5 <small>+ADD</small>	6 <small>+ADD</small>	7 <small>+ADD</small>
↵ Minister Out of Office - Vacation ▼ 10:30a From Heaven to Hell and Back Again - Renate Macchirole	▼ 7p Edenton Discussion Group ▼ 7:30p Al Anon	▼ 9a Weight Watchers ▼ 2p Minister's Office Hours ▼ 5p Strategic Planning Committee Meeting ▼ 6:30p UUCOB Board Meeting	▼ 9a Minister's Office Hours	▼ 2p Minister's Office Hours		▼ 9:30a Edenton UU Discussion Group ▼ 4p Set-up for Chocolate Auction ▼ 6:30p Chocolate Auction and Rock N Roll Hop
8 <small>+ADD</small>	9 <small>+ADD</small>	10 <small>+ADD</small>	11 <small>+ADD</small>	12 <small>+ADD</small>	13 <small>+ADD</small>	14 <small>+ADD</small>
▼ 10:30a The Jewish New Year of the Trees: Tu Bishvat (Intergenerational Service) - Rev. Pat Guthmann Haresch ▼ 12p UU Perspectives of the Bible	▼ 7:30p Al Anon	▼ 9a Weight Watchers ▼ 2p Minister's Office Hours	▼ 8a UUCOB Men's Discussion Group ▼ 9a Minister's Office Hours	▼ 2p Minister's Office Hours		
15 <small>+ADD</small>	16 <small>+ADD</small>	17 <small>+ADD</small>	18 <small>+ADD</small>	19 <small>+ADD</small>	20 <small>+ADD</small>	21 <small>+ADD</small>
▼ 10:30a Darwin Day (Discussion Sunday & Light Brunch) - Speaker: George Mendelson ▼ 11:30a Youth Group Organizational Meeting ▼ 12:15p Screening of INHERIT THE WIND	▼ 7p Edenton Discussion Group ▼ 7:30p Al Anon	▼ 9a Weight Watchers ▼ 3:30p Minister's Office Hours - Arriving Late (Mtg in Greenville)	▼ 9a Minister's Office Hours	▼ 2p Minister's Office Hours	▼ 7:30p Jewish Service	
22 <small>+ADD</small>	23 <small>+ADD</small>	24 <small>+ADD</small>	25 <small>+ADD</small>	26 <small>+ADD</small>	27 <small>+ADD</small>	28 <small>+ADD</small>
▼ 10:30a Little Red Riding Hood Series - III. Who's the Wolf? Who's the Other? - Rev. Pat Guthmann Haresch ▼ 12p Healing Circle	▼ 7:30p Al Anon	▼ 9a Weight Watchers ▼ 12p Lunch w/ Pat ▼ 2p Minister's Office Hours	▼ 8a UUCOB Men's Discussion Group ▼ 9a Minister's Office Hours	▼ 2p Minister's Office Hours		▼ 6p Jewish Congregation of the Outer Banks Dinner



UU PERSPECTIVES ON THE BIBLE**(2nd Sunday just in February)****Satan: Job 1 & 2; Luke 4.1-13****Sunday, February 8, Noon**

Following the Sunday morning service and some time for coffee and conversation, join Rev. Pat for the 4th session in a series of explorations into Jewish and Christian scripture from a UU perspective.

This month the session will focus on Satan. Please come to the session having read the above sections and with a bible in hand. In your review consider how the stories differ, what you discovered, and bring questions you might have.

If you have not read the chapters before, the passages will be read aloud during the session.

UUCOB HEALING CIRCLE**Sunday, February 22, Noon-1:00pm****Religious Education Building (Heron Pond
Montessori School space)**

Our healing circle will gather at Noon in the Religious Education space. We begin with a centering meditation. We then connect with one another and gently send love and healing energy to all requests, creating a circle of loving energy to heal ourselves and those we care about.

If you'd like to bring a picture or memento of a healing request recipient, please do so, but it is not necessary. No special skills or previous experience is required. Just bring an openness to send and receive love and healing energy!

Childcare will be available during the circle and meeting. Donations would be appreciated to help cover the cost.

The Healing Circle facilitators are wondering whether to continue meeting. If you would like the circle to continue please be sure to attend the February session or contact Rev. Pat at minister@uucob.org or 261-2801 during office hours, Heather at sun-seaearth@gmail.com, Michel at malameddin@aol.com or Janice at naturegirl@aginet.com.

District & UUA News & Events**Thomas Jefferson District (TJD)****20th Annual Anti-Racism Conference****UU Fellowship of Raleigh, NC; www.uufr.org****Friday Night, February 20 to Saturday Night, February 21****Registration Fee: \$55**

Faculty for the conference includes Annette Marquis, TJD District Executive and co-founder and first president of UU Allies for Racial Equity. She has also served as a JUUST Change Consultant and Beyond Categorical Thinking trainer for the Unitarian Universalist Association. Jorge Zeballos is a diversity consultant with expertise conducting workshops, presentations and leading long-term diversity initiatives at K-12 schools, colleges, international and national conferences, and non-profit organizations. He has served in various task forces and committees in New Jersey, and also served for several years on the advisory board of the State of NJ Center for Hispanic Policy, Research and Development. Born in DC, Zeballos grew up in Lima, Peru. He currently resides in Greensboro, NC, and is the Latino Community Coordinator and International Student Advisor at Guilford College in Greensboro.

For more information and to register, visit www.tjd.uua.org. Group rate lodging at the Ramade in Raleigh, www.blueridge.pncproperties.com. (Ask for Thomas Jefferson District Anti-racism Conference). Home hospitality also available. Indicate your interest on the conference registration form found at the TJD website above.

REV. CHRIS BUICE ARTICLE IN JANUARY 19TH NEWSWEEK

“After a senseless act of violence in our church, we did not give in to anger. We sought a better way.”

Read Rev. Chris Buice's article in Newsweek's 1/19 issue. Buice is minister of the Tennessee Valley Unitarian Universalist Church in Knoxville where a gunman last year killed and injured several congregants. See: <http://www.newsweek.com/id/178853>.

OUR PRINCIPLES

*We, the member congregations of the
Unitarian Universalist Association,
covenant to affirm and promote:*

The inherent worth and dignity of
every person;
Justice, equity and compassion in
human relations;
Acceptance of one another and
encouragement to spiritual growth in our
congregations;
A free and responsible search for
truth and meaning;
The right of conscience and the use of
the democratic process within our
congregations and in society at large;
The goal of world community with
peace, liberty, and justice for all;
Respect for the interdependent web of
all existence of which we are a part.

COME JOIN US!

Our meeting house is located at the corner
of Kitty Hawk Road and Herbert Perry Road.
It is one mile west of Highway 158 at about
milepost 4.

SUNDAY PROGRAMS

All services are held at 10:30 am. A pro-
gram is provided for older children and child-
care is available for the youngest.

The 4th Sunday of each month is usually
"Discussion Sunday" and people are welcome
to bring brunch items to share.

The first Sunday of each month is Food
Pantry Sunday, so please remember to bring a
donation of non-perishable unopened foods,
personal items or paper products.

Layout & Editor: Dick Liston

Assistant Editor: Joan Liston

To have something included in the
newsletter, please email it to
jodliston@embarqmail.com

*The mission of the
Unitarian Universalist
Congregation
of the Outer Banks
is to be a focal point
of enlightenment,
enriching our spiritual
lives and enhancing
the quality of life
in our community.*



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