



**COME JOIN US!
UPCOMING SERVICES AND EVENTS**

See our calendar on page 6, or visit www.uucob.org for the most up-to-date information.

3/30 Discussion Sunday: What is most important to our congregation's vitality and growth

Long Range Planning Committee With Bob Green

The results of the congregation-wide survey done in March will be revealed and discussed.. A discussion will follow.

4/6 This I Believe.

Jennifer Wooten, Chuck Purser, Meagan Dillon and Jennifer Gilbreath

The National Public Radio series "This I Believe" is a continuing national project that invites listeners to write about core beliefs that guide their daily lives. This will be the third UUCOB Service based on this concept.

4/13 "An Everyday Mystic"

Rev. Patricia Guthmann Haresch.

Rev. Sara York (currently the Assistant Minister – Pastoral Care at the UU congregation in Asheville,NC) observes in our hymnal that from time to time we "receive fragments of holiness, glimpses of eternity, brief moments of insight." Have you found this to be true in your own life? Are these experiences "mystical"? Rev. Pat will explore how each of us just might be "an everyday mystic."

4/20 "Mother Earth vs. World's People: Commemoration of Earth Day"

Rev. Patricia Guthmann Haresch, Children of UUCOB & Others (Intergenerational Service)

To celebrate Earth Day, Rev. Pat and Children's RE will be presenting an adapted version of UU Doug Stewart's entertaining and enlightening play, "Mother Earth vs. World's People: Perhaps the Most Important Trial in the History of Civilization." In the play, Mother Earth brings charges against the World's People for "acting in ways to cause her grievous personal harm and limit her inherent civil rights to a fruitful existence." As the trial judge notes, "a serious charge, indeed!" Any adults interested in participating in the play may contact Rev. Pat (minister@uucob.org; 261-2801) or Monika Lupean, Religious Education Chair.

4/27 Discussion Sunday: Would the last person down the drain please put back the plug.

Clint Betz

A discussion on the growing economic gap in the United States.

KIM KALMAN CONCERT AT UUCOB

Friday, April 4, 7:30-8:30 PM

Wonderful Singer/Songwriter/Musician. Bring Friends & Neighbors. [\$5 Donation]

This will be a fundraiser for UUCOB. If you would like to help with set up, clean up, greeting at the door, serving Fair Trade coffee & refreshments, donating baked goods for sale, please contact Barbara Goulet (Grigb2105@aol.com).



FROM THE MINISTER

Rev Pat Guthmann Haresch

An excerpt from Rev. Pat's Growing Community, Making Real Connections homily on this past Annual Giving Sunday, March 9.

From the poet Rosario Murillo

I'm going to plant a heart in the earth

water it with love from a vein

*I'm going to praise it with the push of muscle
and care for it in the sound of all dimensions.*

I'm going to leave a heart in the earth

so it may grow and flower

a heart that throbs with longing

that adores everything green

that will be strength and nourishment for birds

that will be the sap of plants and mountains.

What we do here is no less than planting our very heart and soul. When the seedling we are tending to is a congregation, our work is no small matter. What we do here is serious stuff. For this place is a life line for so many of us where we feel supported in our efforts to live a life with intention and meaning. A place with caring bonds where we can both be nourished and make a difference in other people's lives. Where we can find a kind of family when so many of us are far away from our biological families or need some place to go to help us be strong enough to face our own families. A grounding place amidst the troubled world where we actually can tend to our own minds and spirits. A place where parents can trust their children will be cared for and where all of us are a part of shaping the future of these children by providing for their religious education either by plan or by example.

All of this happens and is dependent upon the actions of each of us. Our caring, our committee work, our generosity of time, treasure, spirit, reason, creativity, and passion.

From Marge Piercy's poem, The Seven of Pentacles that appears in part in our hymnal:

If you tend them properly, if you mulch, if you water,

Yom Hashoah Service At the Meetinghouse

7:30-8:30 pm, Wednesday, April 30

Yom Hashoah is a day set aside each year on the Jewish calendar to remember and honor those who lost their lives in the Holocaust. The Jewish Community of the Outer Banks and UUCOB will host a community-

if you provide birds that eat insects a home and winter food,

if the sun shines and you pick off caterpillars,

if the praying mantis comes and the ladybugs and the bees,

then the plants flourish, but at their own internal clock.

Connections are made slowly, sometimes they grow under ground.

You cannot tell always by looking what is happening.

More than half the tree is spread out in the soil under your feet.

Penetrate quietly as the earthworm that blows no trumpet.

Fight persistently as the creeper that brings down the tree.

Spread like the squash plant that overruns the garden.

Gnaw in the dark and use the sun to make sugar.

Weave real connections, create real nodes, build real houses.

Live a life you can endure: Make love that is loving.

Keep tangling and interweaving and taking more in. . .

Reach out, keep reaching out, keep bringing in.

This is how we are going to live for a long time: not always,

for every gardener knows that after the digging, after the planting,

After the long season of tending and growth, the harvest comes.

Growing community is about making real connections with each other. About getting involved in planning the future, planting the seed, digging, and weeding and watering side by side. By sharing the bounty of our own lives. And then you never know what might happen. You never know what the harvest might be. It might very well be our highest hopes and dreams and aspirations. "After the long season of tending and growth, the harvest comes."

wide Yom Hashoah service with participation by members of the North Dare County Ministers' Association.

A short service will be followed by the reading of names of those who died. If you would like to be one of the readers, please contact Rev. Pat (minister@uucob.org; 261-2801)

Non-perishable food item donations to the Outer Banks Food Bank will be accepted.



FROM THE PRESIDENT

Fran Green

I missed the kick-off. I am referring to the kick-off event for our annual giving campaign. A previous commitment kept Bob and me from attending both the event and the Sunday service following the event. From what I hear the event was a success with a mix of members and friends attending. Chuck Purser, our treasurer, tells me that "favorable comments were extended on the food, skit, and music." He also informs me that since the mailing of the brochure, the Kick-Off and the Sunday service, we have achieved 43% of the optimistic goal we set for the campaign!

According to Chuck, that is the best start in recent memory (43% in 10 days).

Thanks goes out to all who have helped make this start such a success. Thanks to those who planned and participated in the kick-off event, to those who stuffed envelopes, to those who made phone calls and to those who have pledged. I believe that we are all dedicated to sustaining this momentum. Let's fill our symbolic "growth tree" with leaves as we move closer and closer to reaching our goal.

UUS IN THE NEWS

Bill Birkemeier has a new administrative position in addition to his work in Duck. He has served as part of an inter-agency working group on ocean observations (IWGOO) staffed under Ocean U.S., the National Office for Integrated and Sustained Ocean Observations, for 7 years as the US Army Corps of Engineers representative. This March he agreed to serve as the Interim Executive Director of the Interagency Working Group.

Hurricanes, harbors, shipping, coastal development are all impacted by changes in the oceans. This office was formed by the Federal Government in 2000 to establish an effective ocean monitoring system that would link in with several global ocean observing systems. The program is complex requiring a number of ocean measurements: temperatures, wave parameters, seismic measurements, etc. At least 15 federal agencies are involved as well as many universities and other research facilities.

Congratulations Bill, and we thank you for your contribution.

LUNCH WITH PAT

Tuesday, April 8, Noon to 1:30 PM at UUCOB

Bring your own lunch and beverage.

You are invited to join Rev. Pat, our minister, and other UUCOB members and friends for lunch, socializing, and conversation.

Tobey Milne, certified practitioner of Resonance Repatterning (RR), will be meeting with us. For Discussion Sunday last December, Tobey presented on RR and several requested the opportunity to meet with her again. The session could provide further Q&A and/or if the group is willing and time allows, Tobey has offered to do an actual RR session.

The playground will be in use by the Montessori school. Accordingly, the porch and Minister's Office may be available for supervised play. Any interested in a cooperative playgroup and/or finding a sitter together may contact Rev. Pat at UUCOB (261-2801; minister@uucob.org).

Treasurer Trivia



The end of February completed eight months, 67%, of our fiscal year and we have reached 63% of our budgeted income and expenses. It's unusual to have expenses and income right at the same amount this late in the year but that's the way it has worked out. If current year pledges are paid by June 30 and our service auction succeeds we should end our year on target also. Note that I did preface with the unpredictable "if."

Sunday service on March 9th was a meaningful day. Many personal touches were added to a service that is a tradition with UUCOB. As members dropped their pledges into a gathering basket, they shared personal feelings as to the importance of this congregation in their lives. What a mutual embracement! The very people expressing the value of UUCOB to them demonstrated the value of them to UUCOB.

Just a few general notes about our financial standing are added here for your information. Each month our financial figures are posted in the office area of the church on the bulletin board. You can review all current figures to date for income and expenses along with balances for assets and liabilities. Our investments for the most part are for special uses such as the maintenance reserve fund, or for parking other funds until obligations are due and emergencies arise. We try to pay all current expenses from current income but irregular collections often prevent this and we have to pull from our reserve funds. Your faithful support keeps our records on track. Thank all you prompt payers.

It's a good day to be at UUCOB.

Please call or email me if you have any treasury questions. Cell phone number is 216-9119 and email address is erchuck@yahoo.com.

Chuck Purser

REMINDERS

Childcare Worker Needed

Seeking responsible person to supervise and care for infants, toddlers, and preschoolers (typically 0-3 year olds) during the morning service and monitoring children of all ages on the playground following the service, both with the assistance of volunteers. Hours are Sundays, 10:15 am to 12:15 pm, although there may be additional opportunities to assist with special events. References and background check required. Please respond to Monika Lupean (252) 261-2251 or to Michel Sanchez (252) 255-0672.

Minister's Office Hours & Time Away

Rev. Pat Guthmann Haresch's usual Office Hours are Tuesdays and Thursdays, 2-5 pm and Wednesdays, 9 am-Noon. Appointments are encouraged by calling the Church Office (261-2801) or emailing (minister@uucob.org).

Pat will be attending the Southeastern Ministers' Association meeting in Highlands, NC, April 7-April 10.

Listening Room-Sunday Mornings

The new sound system has helped make it possible to put a monitor in the Office/Conference Room by the kitchen that will allow someone to hear the Sunday morning service with the door shut.

Please feel free to use this room if you need a quiet place to be with your baby, a place to soothe a fussy child, or have a restless toddler, and you don't want to miss the content of the service.

Food Pantry Sunday

The first Sunday of each month is **Food Pantry Sunday**, so please remember to bring a donation of non-perishable unopened foods, personal items or paper products. Your contribution supports UUCOB's local social action! The Beach Food Pantry, a non-profit volunteer corporation, is a financially healthy and efficiently-run organization serving Dare County resident families that are referred for nutrition needs.

FROM THE BOARD

February 2008 Board Meeting Action Items

1. Rev. Pat reported to the board regarding Healing Circles in general and specifically regarding a Healing Circle occurring at UUCOB in March and the hope that the group will be ongoing. The board suggested that Rev. Pat be the liaison for the group as opposed to another Board member if the Healing Circle hopes to become an affiliated UUCOB group.

2. The Board decided to participate in Association Sunday in October. This program is part of a UUA initiative that targets a specific Sunday in October for UUA congregations throughout the association to take up a plate collection for specific UUA programs. This year's special offering will be targeted for lay leader and theological education. This is the second Association Sunday and the first year UUCOB will be participating.

3. The Board established May 17 as the date for the annual Service Auction which will be once again (thankfully!) chaired by Susan Lawrence.

4. Approved a request from the Jewish Community of the Outer Banks for a Holocaust Remembrance event to be held at the Meetinghouse. This will be a community-wide event.

Fran Green

A complete copy of the meeting minutes, committee reports and associated documentation are posted in the office at UUCOB.

WELCOME TO OUR NEWCOMERS

Clint Betz

Clint and his wife have lived in Nags Head since 2005 after residing in a variety of locations during his retirement. In his earlier life, Clint earned a degree in physics and served as an engineer, computer programmer and developer of testing and training of personnel all for the same company. During those 32 years, he lived mostly in New Jersey. Clint has 2 children and 5 grandchildren. He is now updating his skills in cooking, travel arrangements, and personal computing. Clint has been a UU for 40 years. He joined our church this year since he feels very comfortable with the people, including the Men's Group, and enjoys the variety of programs. He especially admires the age diversity and thinks we have some "very bright" children. He will be leading the discussion the end of April which will highlight the growing economic gap in the U.S. He's also joined the lay leader team.

Mary Ellen Hawthorne

Our newest member, Mary Ellen, has lived in Kill Devil Hills for 20 years. They chose this area for retirement to have proximity to her mother in Norfolk.

She resided with her military husband in a variety of states and Japan. Her 3 children and 4 grandchildren live in the Mid-West and her husband passed away 2 years ago. Mary Ellen has a degree in Rehabilitation Education and has worked and volunteered with adult older services and mental health groups. She continues to serve on the boards of the League of Women Voters where she organizes the candidate forums, the Woman's Club, where she helped found the Dare Co. Youth Center, and Baum Center where she is in charge of the Silver Arts Program. Although being raised a Baptist, she began exploring Unitarian Universalism at "The Mountain" Elderhostel program and her daughters' churches. She joined our church because she likes the variety of our services, openness, and opportunity to discuss publicly our opinions. She has already volunteered by being a reader in our Woman Suffragist service.

We welcome both of you to our church.

Joan Liston, Vice President

APRIL 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>30</p> <p><input type="checkbox"/> Discussion Sunday: What is most important to our congregation's vitality and growth.</p> <p><input type="checkbox"/> 12:15p Healing Circle</p>	<p>31</p>	<p>1</p> <p><input type="checkbox"/> 9a Weight Watchers</p> <p><input type="checkbox"/> 2p Minister's Office Hours</p> <p><input type="checkbox"/> 5p Weight Watchers</p>	<p>2</p> <p><input type="checkbox"/> 9a Minister's Office Hours</p> <p><input type="checkbox"/> 10a Grocery Delivery</p> <p><input type="checkbox"/> 4p Dare County Literacy Council</p> <p><input type="checkbox"/> 7p Heron Pond Montessori School Meeting</p>	<p>3</p> <p><input type="checkbox"/> 2p Minister's Office Hours</p>	<p>4</p> <p><input type="checkbox"/> 7:30p Kim Kalman Concert</p>	<p>5</p> <p><input type="checkbox"/> 9:30a Edenton UU Discussion Group</p>
<p>6</p> <p><input type="checkbox"/> This I Believe Series</p>	<p>7</p> <p><input type="checkbox"/> 7p Edenton Discussion Group</p>	<p>8</p> <p><input type="checkbox"/> 9a Weight Watchers</p> <p><input type="checkbox"/> 12p Lunch With Pat</p> <p><input type="checkbox"/> 2p Minister's Office Hours</p> <p><input type="checkbox"/> 5p Weight Watchers</p>	<p>9</p> <p><input type="checkbox"/> 8a Men's Group</p> <p><input type="checkbox"/> 9a Minister's Office Hours</p> <p><input type="checkbox"/> 4p Dare County Literacy Council</p>	<p>10</p> <p><input type="checkbox"/> 2p Minister's Office Hours</p>	<p>11</p> <p><input type="checkbox"/> 6p The Outer Banks Peace Meditation Group</p>	<p>12</p>
<p>13</p> <p><input type="checkbox"/> "An Everyday Mystic" Rev. Patricia Guthman Haresch</p>	<p>14</p>	<p>15</p> <p><input type="checkbox"/> 9a Weight Watchers</p> <p><input type="checkbox"/> 2p Minister's Office Hours</p> <p><input type="checkbox"/> 5p Weight Watchers</p>	<p>16</p> <p><input type="checkbox"/> 9a Minister's Office Hours</p> <p><input type="checkbox"/> 4p Dare County Literacy Council</p>	<p>17</p> <p><input type="checkbox"/> 2p Minister's Office Hours</p>	<p>18</p> <p><input type="checkbox"/> 7:30p Jewish Service</p>	<p>19</p>
<p>20</p> <p><input type="checkbox"/> "Mother Earth vs. World's People: Commemoration of Earth Day - Rev. Patricia Guthmann Haresch, Children of UUCOB & Others (Intergenerational Service)</p>	<p>21</p> <p><input type="checkbox"/> 10a Long Range Planning Committee</p> <p><input type="checkbox"/> 7p Edenton Discussion Group</p>	<p>22</p> <p><input type="checkbox"/> 9a Weight Watchers</p> <p><input type="checkbox"/> 2p Minister's Office Hours</p> <p><input type="checkbox"/> 5p Weight Watchers</p>	<p>23</p> <p><input type="checkbox"/> 8a Men's Group</p> <p><input type="checkbox"/> 9a Minister's Office Hours</p> <p><input type="checkbox"/> 4p Dare County Literacy Council</p> <p><input type="checkbox"/> 6:30p Drumming</p>	<p>24</p> <p><input type="checkbox"/> 2p Minister's Office hours</p>	<p>25</p> <p><input type="checkbox"/> 6:30p Mother Earth's Clothes Swap & Potluck</p>	<p>26</p> <p><input type="checkbox"/> 12p Wedding</p> <p><input type="checkbox"/> 1p Nicole Sampieri Wedding</p> <p><input type="checkbox"/> 6:40p Celebration of Women - 7 pm</p>
<p>27</p> <p><input type="checkbox"/> Discussion Sunday: Would the last person down the drain please put back the plug. A discussion led by Clint Betz on the growing economic gap in the United States</p> <p><input type="checkbox"/> 12:15p Healing Circle</p>	<p>28</p>	<p>29</p> <p><input type="checkbox"/> 9a Weight Watchers</p> <p><input type="checkbox"/> 2p Minister's Office Hours</p> <p><input type="checkbox"/> 5p Weight Watchers</p>	<p>30</p> <p><input type="checkbox"/> 9a Minister's Office Hours</p> <p><input type="checkbox"/> 4p Dare County Literacy Council</p> <p><input type="checkbox"/> 7p Yom Hashoah Service</p>	<p>1</p> <p><input type="checkbox"/> 2p Minister's Office Hours</p>	<p>2</p>	<p>3</p> <p><input type="checkbox"/> 9:30a Edenton UU Discussion Group</p>

Long Range Planning Survey and Discussion

By now we hope you have responded to the survey emailed out on March 18, 2008. Printed versions were made available to those without internet access. We've really appreciated the service of member Bob Green, a professional survey expert, who helped us prepare and analyze the responses. On March 30th, Bob Green will present the results and we will have an opportunity for congregational discussion. If you want to talk more about the survey and UUCOB's future, we are planning other times when small groups can meet for further dialogue. Look for times in the weekly UUCOB Events email and in your Sunday Program.

FAIR TRADE COFFEE AT UUCOB

Begins April 6

Coffee is one of the most heavily traded commodities in the world. As you can imagine, there is big money to be made in coffee. However, most small coffee farmers are left with little to live on and when there are big plunges in the price of coffee beans, they may receive less than the cost of production. These farmers live in isolated areas and in some of the poorest countries in Latin America, Africa and Asia where they depend on middlemen (known to Central American farmers as "coyotes") to sell their coffee.

These middlemen offer the lowest price possible. As an alternative, Fair Trade cooperatives are being formed that share the bounty of the coffee trade directly with those who grow the crops.

Over 500 UU congregations in the United States are offering Fair Trade coffee during coffee hour. As the price of Fair Trade coffee is somewhat higher than common grocery store brands, there will be a bowl for donations on Sunday mornings by the coffee to help defray the extra cost.

The coffee Michel Sanchez will be ordering is really good and you will have the opportunity to purchase this wonderful coffee through Michel. Not only will you get great coffee, but your dollars will benefit coffee growers and a percentage will go toward UUCOB.

There will be ordering information by the coffee.

MOTHER EARTH'S CLOTHING SWAP & POTLUCK

(Ladies Only)

***Meetinghouse, Friday April 25, 6:30-
8:30 pm***

Attention UUCOB women and their female friends! Let's join together for the much-anticipated Clothing Swap? What is the Clothing Swap? It's an event designed to help clean out your closet, save you some money, save Mother Earth some precious resources, eat a great potluck dinner and have some awesome fellowship besides!

Just bring your gently loved clothing and accessories that you don't wear any more and swap with others! The donated items will be combined on to tables then after some time to browse, we'll draw numbers to determine the order of selection.

This event has a long history with some of us UUCOB gals and we're excited to share the tradition with all of women of the congregation and any friends they'd like to bring along. The more the merrier (and better selection)!

Sizing doesn't have to be perfect, out of fashion clothing works great and we'd love to see you there.

Any remaining items will be donated to Hotline.

Questions? Call Jennifer 441-9165, or email gilbreath@aginet.com.

CELEBRATION OF WOMEN

Saturday, April 26, 7:00pm

The Jewish Community and Unitarian Universalist Congregation of the Outer Banks host the second Celebration of Women based on the Passover Seder.

The text that will be used will be sent to participants when they confirm their attendance.

Please:

1. Bring a vegetarian dish to share. Passover will be over so it does not need to conform to Passover restrictions. When confirming attendance, please also mention what you will be bringing.

2. A donation to the Food Bank collection of the UU Congregation

If you attended last year, then you know what a joy it is. If this will be the first time, we encourage you to invite your children, friends and relatives to join in. Music, story, dance, and good food -everyone participates.

An RSVP would be appreciated.

Shirley and Joe Rehder

757-625-0969 land

757-513-4880 cell

scr@univdesign.com

COMMITTEE ON MINISTRY AND YOU

Part of the function of the Committee on Ministry is to be the liaison between our minister and the congregation. In our meetings are discussions about things going on within the congregation that denote satisfaction or dissatisfaction about many issues. This is just a reminder that if there is something you would like to make known to our minister, there are several ways to go about expressing your issue. The first way is to contact Rev. Pat Haresch personally, either by phone (261-2801) or email (minister@uucob.org) to discuss with her. If you are uncomfortable with this for any reason, the members of the Committee on Ministry are available for the same discussions. The committee members are: Janice Lane – naturegirl@aginet.com; Heather Demarest – sunseaearth@gmail.com; Dick Liston – jodiliston@embarq-mail.com. We welcome any comments or concerns.

Janice Lane, Chairperson, Committee on Ministries

*The mission of the
Unitarian Universalist
Congregation
of the Outer Banks
is to be a focal point
of enlightenment,
enriching our spiritual
lives and enhancing
the quality of life
in our community.*



**P.O. Box 1006
Kitty Hawk, NC 27949
252-261-2801
www.uucob.org
info@uucob.org**

OUR PRINCIPLES

*We, the member congregations of the
Unitarian Universalist Association,
covenant to affirm and promote:*

The inherent worth and dignity of
every person;
Justice, equity and compassion in
human relations;
Acceptance of one another and
encouragement to spiritual growth in our
congregations;
A free and responsible search for
truth and meaning;

The right of conscience and the use of
the democratic process within our
congregations and in society at large;
The goal of world community with
peace, liberty, and justice for all;
Respect for the interdependent web of
all existence of which we are a part.

COME JOIN US!

Our meeting house is located at the corner
of Kitty Hawk Road and Herbert Perry Road.
It is one mile west of Highway 158 at about
milepost 4.

SUNDAY PROGRAMS

All services are held at 10:30 am. The last
Sunday of the month is devoted to topic dis-
cussions. Everyone is welcomed to attend
these services and light refreshments will be
served.
A program is provided for older children
and childcare is available for the youngest.

Layout & Editor: Dick Liston

Assistant Editor: Joan Liston

To have something included in the
newsletter, please email it to
jodliston@embarkmail.com