



COME JOIN US

See our calendar on page 6, or visit www.uucob.org for the most up-to-date information.

5/3 - We Are Flowers (Annual Flower Communion) - Inter-generational Service - Rev. Patricia Guthmann Haresch

All beings are living brightness.

Fullfilled with brightness on the earth, under the heavens.

When our real minds eye opens to
this world of flowers,

All beings shine (Buddjst Temple of Chicago)

We annually celebrate a Flower Communion service originated by Rev. Norbert Capek (1870-1942). We will also learn about Hana Matsuri which means "flower festival" and celebrates the anniversary of the Buddha's birth. All are invited to bring flowers and/or greens from your garden or yard, then bring flowers back home with you.

UUCOB's 10-12 Year Old Youth Group will fill many volunteer slots for this service, as Greeters, Chalice Lighter, Readers, refreshment-bringers and assisting the CUUPS group with Sexton duties. Please take a moment to get to know the members of our newly-formed youth group.

5/10 - Mother's Day/Mother Peace Day - Rev. Patricia Guthmann Haresch

The annual tradition of Mother's Day was first begun in the United States as a Mother Work Day to improve sanitary conditions in the 1800s. Later Unitarian Julia Ward Howe who penned "The Battle Hymn of the Republic" called for a Mother Peace Day. Rev. Pat will explore the roots of Mother's Day that somehow evolved from a day calling for justice and action, a day recognizing the power of women to invoke social change, to our contemporary Mother's Day full of flowery cards and presents.

5/17 - "Love as a Behavior Modifier"-Mary Ellen Hawthorne

A title is from the book "Loving, Living and Learning", a collection of lectures by Leo Buscaglia. The title aptly describes the inspirational theme that permeates Professor Buscaglia's teachings and speeches. Join Mary Ellen as she cites some of Buscaglia's ideas of how rich and honorable life can be when we open ourselves to celebrating life.

5/24 - A Froth On the Wave in the Ocean - Dennis Tromba

Dennis will discuss the relationship between quantum physics and consciousness. Faith, Science, and Reason join hands. Dennis promises to trim short on bombast and elaborate long on entertaining demonstrations.

5/31 - The Relevance of Freud Today (Discussion Sunday and Light Brunch Potluck) - Rev. Richard Batzler

Join Dick Batzler in exploring the relevance of Freud's concepts in our world today. "Freud stands supreme among men of the earth along with Galileo, Columbus, Darwin, Leonardo and Newton" (Dr. Karl Meninger). "Freud, even more than Lincoln, might well be called The Great Emancipator" (Walter Kaufman). "The Freudian theory is one of the most important foundation stones for an edifice to be built by future generations, the dwelling of a freer and wiser humanity" (N.Y. Times 6/21/39). On Discussion Sundays, light brunch potluck items are welcome. Please arrive near 10:20am.



FROM THE MINISTER

Rev Pat Guthmann Haresch

Growing up in Minnesota, the changes in season were obvious, from snow to slush, to budding trees, to a hot, humid Summer, to an array of colors and blustery winds in the Fall. It was tough to get in a rut. Just when you had become accustomed to staying indoors and piling on the layers, all was blooming and the sun shone bright inviting you to open up the windows and bust out of doors. In just a couple of months, it was time to pull out the sweaters and down jackets again.

As one of my childhood books by Joan Walsh Anglund suggests, Spring is a New Beginning. All around us the trees are budding, the world is flowering. What if we also accepted this invitation of Spring and consider this to be a time of our own blooming?

As I noted during the Easter Sunday service, Rev. Kathleen McTigue suggests that Spring is the time of “this bright opening of the earth. . .the turning season when new life is pouring out all around us.” So she asks, “what will we bring forth from ourselves.” She notes

“We are a troubled tribe, we human beings. The unfolding story of our time on earth is one clouded with pain and cruelty, with missed chances, unthinkable heedlessness and indifference, as well as all the bright notes of decency, kindness, freedom and courage. But the message of our faith is this: we get to have a part in how the story unfolds. What we bring forth from within ourselves

changes the whole mix. . .how we vote, when and how we march or protest, whether we teach or feed or heal or help someone. We also have an impact through the selves we carry into all those actions. . . What do we want to bring forth? What do we want to bring forth together? What power, what vision, what courage, do we want to bring forth? What compassion, what generosity, what insight and wisdom, do we want to bring forth? “

As I invited on Easter Sunday as well: “Arise, Arise. Come out of the dark earth, into the warmth of the sun. Arise, Arise, refreshed, renewed after a winter that was too long and too cold. Don't fret too much about whether the world was rich and prosperous one day and poor the next. What has really changed? Let us not get lost in shifting sands, but remember what grounds us. Whether it is the love of our family and friends, our own perseverance and will, our faith, whatever it is that our hearts, our minds, our souls cling to. Let us reach out, stretch out, offer our limbs, to the work of the world. What can we bring forth? Arise, Arise and let us rejoice.”

Take earth for your own large room
and the floor of earth
carpeted with sunlight
and hung round with silver wind
for your dancing place. (May Swenson)

May it be so. – Rev. Pat

LUNCH WITH PAT

UUCOB Meetinghouse

Tuesday, May 26th, Noon-1:30 pm

Bring your own lunch and beverage.

You are invited to join Rev. Pat, our minister, and other UUCOB members and friends for lunch, socializing, and conversation. Look to UUCOB email notices and during Sunday morning programs for the topic of May's LUNCH W/ PAT to be announced.

If you are willing and available, continue the conversation after LUNCH W/ PAT while helping address and sort June newsletters.

The playground will be in use by the Montessori school. Accordingly, the porch (depending on the weather) and Minister's Office may be available for supervised play. Anyone interested in a cooperative playgroup and/or finding a sitter together may contact Rev. Pat at UUCOB (252-261-2801; minister@uucob.org).

MAY Share-The-Plate

Dare County Respite Care

A portion of our plate collections on Sunday mornings this month will go to Dare County Respite Care. Respite Care is a part of Dare County's Home Health and Hospice and is a no fee volunteer program offering respite services for adult caregivers caring for frail, elderly, disabled or shut-in individuals at home. Services are designed to be periodic and episodic offering caregivers a brief respite from their daily care-giving role, while providing a community connection and socialization to the care recipient.



FROM THE PRESIDENT

Fran Green

I am donating my newsletter space this month to Joan Liston who has interviewed one of our newer members, Kathy McMahan. (Fran Green)

WELCOME KATHY McMAHAN

I would like to introduce you to another very interesting new member, Kathy McMahan, from Manteo. Kathy arrived twenty years ago on the Outer Banks for a summer job with the National Park Service on Hatteras Island after graduating from college with a degree in Wildlife Management. She fell in love with the area and except for a few years in the D. C. area has lived here. Besides Park service work, she has also done landscaping work, eventually owning her own company with her husband. They also hand cleared a piece of land in Wanchese and ran a small organic farm selling herbs, mixed greens and vegetables. Later she was employed at the U. S. Fish and Wildlife Service, initially with Jennifer Gilbreath in the program to save the red wolves and for the last two years in Janice Lane's former job as an Administrative Officer for the Alligator River & Pea Island National Wildlife Refuges. She is responsible for budget, contracting, finance and personnel payroll.

Kathy has two grown children, a daughter at Warren Wilson College majoring in Environmental Sciences and a son who is graduating from COA with an associate degree this spring. No stranger to UUCOB, Kathy has been a friend for around ten years coming to services, assisting with yard sales, canvass dinners, and silent auctions. Since her children are grown, she has a bit more time and decided to become an official member. She has had long standing UU roots since as a young child her parents took her to a UU church in Santa Barbara, California. Being a part of a caring, open minded religious community is very important to Kathy. We are happy that Kathy has joined our church community.

Joan Liston, Membership Committee

FRIDAY FILM EVENING

IRON JAWED ANGELS

Meetinghouse, May 8, 7 pm

Bring Your Own Snacks & Beverages

"Watching IRON JAWED ANGELS should be a requirement of every resident of the United States." (Rev. Pat Haresch)

We are hoping to begin a monthly film series on "second Fridays" showing mainly contemporary films that raise social and ethical issues of interest to all. After each film, we will have a discussion session for any who wish to participate or just listen.

The first film of our series will be IRON JAWED ANGELS, a true story of how young activists Alice Paul (played by Hilary Swank) and Lucy Burns (played by Frances O'Connor) took the women's suffrage movement by storm, evening risking their own lives to win women the right to vote. Hilary Swank and Anjelica Huston won awards for their performances in the film. Dare County's League of Women Voters' also support and endorse this community event.

The film may inspire such discussion topics as the state of current gender politics, rights, and discrimination, voting rights, due process of law, prison conditions, and torture.

Childcare has not been arranged at this point. If anyone would like to organize a parallel movie night for children in the Religious Education space, please contact Rev. Pat who would be glad to help with arrangements (261-2801; minister@uucob.org)

Second Annual Ladies Clothing and Accessory Swap with Potluck!

Friday, May 29th

Dinner 6pm, Swap begins 7pm

Bring your gently used clothing and accessories to swap with other gals! We had a blast last year and we're back for more. It's all free, so there is something for everyone's budget. All seasons, all sizes. We'll loosely organize the goods, then take turns selecting one piece at a time. Once we've taken a few turns, it'll be grab what you want.

Anything left over will go to Hotline.

Bring a dish to share. Ladies, even if you don't want to participate in the swap, you are welcome to come for the potluck.

ART SHOW RECEPTION

May 10, 11:45am

Sandy Ball is a local artist who paints, writes and has a cottage business making "Sandy Bands" for women's and girl's hair. Her work will be displayed from May to July. She is offering her work for sale for donations of any amount. A portion would go to our church and the rest would go towards an organization Sandy supports called "One World Running." Old running shoes are collected and sent to places in the world where people need shoes. Sandy ships the shoes that are collected on OBX to the headquarters in Colorado and she will use her proceeds towards the shipping. Also, pieces can be taken when bought and new pieces will go up. There will be an opening reception and talk by this dynamic, creative person on May 10 at 11:45.



Treasurer Trivia

Chuck Purser

Our congregation completed 75% of the church year at the end of March, and we have collected 81% of budgeted income and paid out 72% of planned expenses. Spreadsheets reflecting income, outflow, assets, and liabilities for March are posted in the church office area.

The economy is attempting an upward movement but has not yet reached an appreciable gain. Just maybe this current flirting with an economic turnaround will take hold by our new fiscal year and give us and the Outer Banks a boost. It would be an external benefit to the congregation to help along our internal fund raisers and general donations that have been maintained.

Share the Plate for March was the Community Care Clinic of Dare. A check for \$230.75 and letter were mailed March 29.

New faces are showing up at services and other UUCOB functions, and this is good. Some have become members and we welcome them into our family.

I had the good fortune of having as house guests Anna and Clark Olsen during the weekend of our Service Auction. What a couple! If you had a chance to meet both at our auction or at the next day's Sunday service, then you know how blessed I was in having two evenings with them. We all can learn from each other, but having the Olsen's to learn from is like having the masters of grace sprinkling intelligence and socialization over you. My wife and I truly enjoyed their stay.

This article is late in being submitted and only by the patience and approval of our editor could this delay occur and allow me some late campaign figures. As of April 26, 2009 we had received 29 Pledge forms, some from couples and the others from individuals. These pledges represent 26 members and 15 friends and totals \$30,880. We have reached about 65% of our dream goal, and for comparison we have reached 83% of the amount pledged last year.

The question from most of you is, "Are we going to make it?" Maybe not the dream goal, but we'll make a workable budget figure. Last year we had 20 friends pledging and so far this year 15, so we'll pick up a few more. We also have 43 members of record and are looking for at least another 17 member pledges to come in. If you're reading this and can't remember making a pledge for next fiscal year, 2009-2010, please do so timely so the budget can be finalized in early May. This is necessary for Board approval before the Annual Congregational Meeting. Please contact the Treasurer with any questions.

UU PERSPECTIVES OF THE BIBLE - LAST SESSION

Sunday, May 10th, 12:15pm

UUCOB Meetinghouse

WOMEN IN THE BIBLE:

- *Deborah & Jael (Judges 4-5)*

- *Levite's Concubine (Judges 19)*

[The passages above do contain violence.]

- *Mary, Mother of Jesus (Luke 1.26-38)*

Following the Sunday morning service and some time for coffee and conversation, join Rev. Pat for the last session of explorations into Jewish and Christian scripture from a UU perspective. Participants selected "Women in the Bible" to be the last topic. A complex and often heart-breaking and graphically violent subject that covers diverse time periods, cultures, and societal roles from rulers to prostitutes. Please come to the session with a bible in hand and having read accounts from one or all of the above sources, considering how they were the same, how they were different and what you discovered. Also, bring any questions you might have. If you have not read the sec-

tions above before the May 10 session, the passages will be read aloud during the session.

UUCOB Healing Circle

Sunday, May 24th, Noon-1:15pm

**Religious Education Building (Heron Pond
Montessori School space)**

Our healing circle begins with a centering meditation, we then pass a bowl with water, dropping a stone in the bowl for each request shared. We then connect with one another and gently send love and healing energy to all requests, creating a circle of loving energy to heal ourselves and those we care about.

If you'd like to bring a picture or memento of a healing request recipient, please do so, but it is not necessary. No special skills or previous experience is required. Just bring an openness to send and receive love and healing energy!

Childcare will be available during the circle and meeting. Donations would be appreciated to help cover the cost.

Questions may be directed to: Rev. Pat at minister@uucob.org or 261-2801 during office hours, Heather at sunsearearth@gmail.com, Michel at malameddin@aol.com or Janice at naturegirl@aginet.com.

FROM THE BOARD

Fran Green

April 7, 2009 Board Meeting Action Points

- The Board voted to designate the first Sunday in November 2009 as Association Sunday.
- An invitation to participate in Dare Day was declined.
- There was discussion of a proposed monthly movie night pending an approved UUCOB Group form being submitted.
- Approval was given for Nick Hodsdon to rent the Meetinghouse for a presentation to a tourist group on April 28.
- The Board voted to offer G.E.M. the use of our facility without charge for the month of May on Mondays, Wednesdays, Thursdays and Fridays from 10 am to 4 pm.
- Joe Heard presented an amended version of the bylaws for input by the Board. At the May Board meeting any final changes will be reviewed prior to presentation for a vote at the Annual Congregational Meeting in June.
- Nancy Proctor agreed to research the issue of service animals being permitted access to the Sunday service so that a consistent policy may be established.
- A Draft Five Year Strategic Plan was presented by Nancy Proctor and Joe Heard in preparation for the congregational discussion scheduled for April 19. The intent is to have a final document to be presented for a vote at the Annual Congregational Meeting.
- A Draft Five Year Strategic Plan was presented by Nancy Proctor and Joe Heard in preparation for the congregational discussion scheduled for April 19. [SEE BELOW]. The intent is to have a final document to be presented for a vote at the Annual Congregational Meeting.

A complete copy of the meeting minutes, committee reports and associated documentation are posted in the office at UUCOB.

This is a draft of the Revised Strategic Plan following the congregation meeting on April 19th. The Strategic Planning Committee (SPC) encourages feedback and hopes to have additional review meetings. Please email suggestions and questions to nancy203@gmail.com. Plan Implementation, which includes annual goal setting and action plans, is currently being developed. With your feedback and further dialogue, the SPC hopes to present this plan to the Congregation for support at the June Annual Meeting.

“Building a Vital Community”

A FIVE YEAR STRATEGIC PLAN FOR THE UNITARIAN UNIVERSALIST CONGREGATION OF THE OUTER BANKS

Focus ♦ Goals ♦ Objectives ♦ Action Plans ♦ Evaluation

FOCUS: Major functions of the congregation.

GOALS: Guiding principles that define the desired end result.

OBJECTIVES: Statements explaining how the congregation will reach its goals.

ACTION PLANS: Specific steps and resources needed to meet the objectives, including:

- Who is assigned to complete the tasks (this could include Board, Committees, Task Forces)
- What materials and resources are needed (Assisted by Strategic Planning Committee)
- When actions are to occur (due dates, etc.) (Board sets annual goals)
- How reports of progress are to be made

EVALUATION: Reviewing the implementation of the plan on an annual basis to determine if amendments are needed to better achieve the stated goals and objectives. (Strategic Planning Committee)

SUNDAY SERVICES AND CELEBRATIONS

Goal: Continue to strive for excellence in services and celebrations.

Objectives:

- Continue to improve the quality of services presented and training of lay leaders
- Continue to incorporate visual and performing arts into services
- Enrich rituals, ceremonies, passages, and transitions
- Continue intergenerational services and activities
- Continue to incorporate theological diversity into services

LIFESPAN RELIGIOUS EDUCATION

Goal: To provide education leading to spiritual and ethical development and deepening for people of all ages

Objectives:

- Develop adult and youth religious education programs
- Create a better communication network with families
- Establish youth groups for 10-12 year olds and teenagers
- Establish consistent RE programming with a UU curriculum
- Expand the number of children's RE volunteers

[Continue on Page 7]

MAY 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 +ADD ▼ 10:30a We Are Flowers (Annual Flower Communion) - Rev. Patricia Guthmann Haresch (Intergenerational Service) ▼ 12p OBCUUPs MayPole Ritual	4 +ADD ▼ 7p Edenton Discussion Group ▼ 7:30p Al Anon	5 +ADD ▼ 9a Weight Watchers ▼ 2p Minister's Office Hours ▼ 5p Strategic Planning Committee ▼ 6:30p UUCOB Board Meeting	6 +ADD ▼ 9a Minister's Office Hours	7 +ADD ▼ 2p Minister's Office Hours	8 +ADD ▼ 7p Friday Film Nite (Iron Jawed Angels)	9 +ADD ▼ 8a Heron Pond Annual Picnic
10 +ADD ▼ 10:30a Mother's Day/Mother Peace Day - Rev. Patricia Guthmann Haresch ▼ 11:45a Art Show Reception - Sandy Ball ▼ 12:15p UU Perspectives of the Bible - Last Session	11 +ADD ▼ 7:30p Al Anon	12 +ADD ▼ 9a Weight Watchers ▼ 2p Minister's Office Hours	13 +ADD ▼ 8a UUCOB Men's Discussion Group ▼ 9a Minister's Office Hours	14 +ADD ▼ 2p Minister's Office Hours	15 +ADD ▼ 7:30p Jewish Service	16 +ADD
17 +ADD ▼ 10:30a "Love as a Behavior Modifier"-Mary Ellen Hawthorne	18 +ADD ▼ 7p Edenton Discussion Group ▼ 7:30p Al Anon	19 +ADD ▼ 9a Weight Watchers ▼ 2p Minister's Office Hours	20 +ADD ▼ 9a Minister's Office Hours	21 +ADD ▼ 2p Minister's Office Hours	22 +ADD	23 +ADD
24 +ADD ▼ 10:30a A Froth On the Wave in the Ocean - Dennis Tromba ▼ 12p Healing Circle	25 +ADD ▼ 7:30p Al Anon	26 +ADD ▼ 9a Weight Watchers ▼ 12p Lunch w/ Pat ▼ 2p Minister's Office Hours	27 +ADD ▼ 8a UUCOB Men's Discussion Group ▼ 9a Minister's Office Hours	28 +ADD ▼ 2p Minister's Office Hours	29 +ADD ▼ 6p Second Annual Ladies Clothing and Accessory Swap with Potluck!	30 +ADD
31 +ADD ▼ 10:20a The Relevance of Freud Today (Discussion Sunday and Light Brunch Potluck) - Rev. Richard Batzler	1 +ADD ▼ 7p Edenton Discussion Group ▼ 7:30p Al Anon	2 +ADD ▼ 9a Weight Watchers ▼ 2p Minister's Office Hours ▼ 5p Strategic Planning	3 +ADD ▼ 9a Minister's Office Hours	4 +ADD ▼ 2p Minister's Office Hours	5 +ADD	6 +ADD ▼ 9:30a Edenton UU Discussion Group

**“Building a Vital Community”
A FIVE YEAR STRATEGIC PLAN FOR THE
UNITARIAN UNIVERSALIST CONGRE-
GATION OF THE OUTER BANKS**

[Continued]

WELCOMING, CONNECTING AND CARING

Goal: To grow in membership and retain members and friends.

Objectives:

- Increase chances that people will find their way to our door
- Increase chances that visitors will return and connect
- Continue to develop and update informational pamphlets and other forms of communication (website, newspaper articles, etc.)
- Increase efforts toward creating a welcoming environment for racial, ethnic, and cultural diversity

Goal: To deepen the long-term connection and commitment of members and friends to the congregation and Unitarian Universalism.

Objectives:

- Continue with congregation-wide social activities
- Develop smaller groups to reach target people, interests, and areas
- Encourage and empower individuals to form groups
- Continue to emphasize UU Principles & Purposes in all congregational activities
- Strengthen relationships with the UU Cluster, District, and Association

Goal: To enhance the effectiveness and satisfaction of volunteer service by members and friends.

Objectives:

- Identify talents, gifts, and interests of members and friends
- Clarify and update volunteer responsibilities
- Develop a volunteer recruitment program
- Provide training and orientation for new volunteers
- Develop a planned recognition and appreciation program for volunteers

Goal: To more fully develop a pastoral care system of support for members and friends of the congregation.

Objectives:

- Establish a pastoral care system to support members and friends, including those in outlying areas
- Develop ways to provide financial assistance to members, friends, and others in need in the community
- Create an environment of comfort with the acceptance of assistance

FINANCIAL STEWARDSHIP

Goal: To develop more consistent sources of revenue

Objectives:

- Deepen sense of gratitude and generosity of members and friends

- Identify alternative revenue sources
- Study how to eliminate reliance on facility use as a revenue source
- Improve the annual giving campaign
- Promote endowment/estate planning

BUILDING & GROUNDS STEWARDSHIP

Goal: To maintain a suitable and functional gathering space.

Objectives:

- Evaluate congregational needs for buildings and grounds
- Enhance sense of ownership/stewardship in buildings & grounds
- Ensure the long-term care of buildings and grounds
- Provide adequate facilities for the RE program
- Analyze ways to become a “greener” congregation

SOCIAL JUSTICE AND COMMUNITY OUT

REACH

Goal: To empower individuals to do social justice work and make UUCOB a recognizable force in social justice work in the community.

Objectives:

- Recognize and build upon the work of individual members in social justice and community outreach
- Present topical sermons and forums
- Engage the community on important social/religious issues
- Increase leadership in community initiatives and organizations
- Identify and partner with local nonprofit groups

CONGREGATIONAL ORGANIZATION

Goal: To improve the effectiveness of the staff, board, and committees.

Objectives:

- Review the Board and committee structure to align with needs and priorities of this small congregation
- Update the by-laws and policies to align with the current and future organization and structure of this small congregation
- Develop a five year staffing plan to include as needed, including:
 - full-time, paid ministry
 - administrative assistants
 - religious education staff
 - music director, pianists, and other musicians
- Improve communication and office administration, including:
 - continually update the website, including podcasts
 - continue effective and appropriate use of the internet and email
 - publish information and formative articles in the local papers
- evaluate and plan for the purchase or upgrade of software, hardware, and office equipment for administration, communication and presentations
- establish a system for maintaining congregational records
- Make more effective use the resources of the Thomas Jefferson District and the UU Association

OUR PRINCIPLES

*We, the member congregations of the
Unitarian Universalist Association,
covenant to affirm and promote:*

The inherent worth and dignity of

every person;

Justice, equity and compassion in

human relations;

Acceptance of one another and

encouragement to spiritual growth in our

congregations;

A free and responsible search for

truth and meaning;

The right of conscience and the use of

the democratic process within our

congregations and in society at large;

The goal of world community with

peace, liberty, and justice for all;

Respect for the interdependent web of
all existence of which we are a part.

COME JOIN US!

Our meeting house is located at the corner of
Kitty Hawk Road and Herbert Perry Road. It is

one mile west of Highway 158 at about milepost 4.

SUNDAY PROGRAMS

All services are held at 10:30 am. A program is

provided for older children and childcare is avail-

able for the youngest.

The 4th Sunday of each month is "Discussion

Sunday" and people are welcome to bring brunch

items to share.

The first Sunday of each month is usually Food

Pantry Sunday, so please remember to bring a do-

nation of non-perishable unopened foods, per-

sonal items or paper products.

Layout & Editor: Dick Liston

Assistant Editor: Joan Liston

To have something included in the

newsletter, please email it to

jodliston@embarras.com

*The mission of the
Unitarian Universalist
Congregation
of the Outer Banks
is to be a focal point
of enlightenment,
enriching our spiritual
lives and enhancing
the quality of life
in our community.*



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