

## COME JOIN US! UPCOMING SERVICES AND EVENTS

*See our calendar on page 6, or visit [www.uucob.org](http://www.uucob.org) for the most up-to-date information.*



### **7/6 - "Why Do We Do What We Do on Sundays?" - Rev. Pat Guthmann Haresch**

There are a myriad of reasons why each of us might come to UUCOB for Sunday morning services. Is it a chance to hear and discuss ideas about how to live a meaningful life, find a moment of quiet in a busy life, seek the holy, find healing, connect with friends, connect with other spiritual seekers? And what is it about the service that touches us or connects with us, makes it worthwhile, meaningful? This month, a survey will be distributed to UUCOB members & friends asking you what elements in the typical Sunday Service are most meaningful to you. In this service, Rev. Pat will explore the ancient and uniquely Unitarian Universalist and UUCOB roots of our various Sunday morning customs.

### **7/13 - "Michael Servetus Died for Your Religious Freedom" - Rev. Pat Guthmann Haresch**

Michael Servetus (1509 or 1511-October 27, 1553) could have just lived his life as a doctor. But instead he chose to critique the doctrine of the trinity and other orthodox Christian notions of his time. And for this he was burned at the stake by those under Protestant Reformer and Leader John Calvin. The Christian community took notice. Peter Hughes writes, "widespread aversion to Servetus' death has been taken as signaling the birth in Europe of religious tolerance."

Learn more about Servetus' remarkable life while considering with Rev. Pat, ways in which our own religious freedoms and

ideal of religious tolerance may be under threat in our current society.

### **7/22 - Meditation: A Search for Stillness - Janice Lane**

Meditation is practiced in some form in nearly every world religion and by many unaffiliated with any religion. Why and how do people search for the stillness inside that meditation brings? We will explore things like health benefits, various practices, history, and perhaps even experience a meditation ourselves.

### **7/29 - Discussion Sunday - Illegal is not a noun: Stop the Hate - Nancy Proctor**

Nancy does research on immigration issues for AMERICA UNITED MANO al HERMANO, a local nonprofit on the Outer Banks. Her posts can be read at <http://america-united.blogspot.com/>. Nancy will provide a brief overview of the Immigration issues in North Carolina, and then facilitate a discussion on the costs and benefits of a growing Latino population in our State, legislature that impacts undocumented workers, i.e. driver licenses, deportation, college education restrictions and harassment.



## FROM THE MINISTER

*Rev Pat Guthmann Haresch*

I have childhood memories of my mother reading to me before I went to bed. I don't remember stories, I remember her reading poems to me. I especially recall her renditions of *The Raggedy Man* and *The Little Orphan Annie* (1905) by James Whitcomb Riley. I thought my mom was taking on some sort of character, but when I finally read his poems myself, I discovered Riley wrote them in the dialect of the streets of 19th century Indiana. So, you can't help but read them with a cadence and inflection. Even now, as an adult, every once in a while I will ask Mom to read them to me and it's still magical. I become a little girl again.

Of course I've read them with my son, Will. I found the two poems in an anthology of childhood poems I kept since I was a little girl. Since Will and I read Riley's poems together, when Will picks bedtime stories each night, he is now making his way, two pages at a time through this thick book of classic childhood poems. It's been magical.

These precious moments came to mind when I was reading the Church of the Larger Fellowship's (CLF) June publication of *Quest*. CLF was founded by the American Unitarian Association over 50 years ago to serve the needs of isolated Unitarians. Today, CLF provides many wonderful resources including the monthly, *Quest*, that will contain sermons from UU ministers throughout the denomination, poetry, great columns from Rev. Lynn Ungar (she's written a wonderful volume of meditations) and from the CLF minister, Jane Rzepka (one of my sermon-writing professors).

June's edition of *Quest* was about finding balance in life. Jane concludes:

*If you are casting about for the balance we bear  
so much about, the spiffing up of a dim soul, try  
focusing on some of the time-tested classics:*

*Gratitude. Love. Perspective. Attention. Meditate  
on them, pray, or think them over. . .*

*Breathe them in and out. . .*

So this started me thinking again about what I'm doing to strike the balance in my middle years, "the busy years." What Jane writes about in her column is not necessarily a formal spiritual discipline, but a "simple zest for life." For me it is the practice of just truly being present in the moment. (Not always easy in a world full of distractions.) And I realized that's what bedtime stories with Will is all about for me. Being present for the wonder and joy of the moment: "Gratitude. Love. Perspective. Attention."

Recently, Will and I ran across a poem that is found in our UU hymnal, "Leisure" by William Henry Davies (Hymn #94). May these words help serve as reminders to strike the balance, be truly present, and enjoy the summer:

**What is this life if, full of care,  
We have no time to stand and stare.  
No time to stand beneath the boughs  
And stare as long as sheep or cows.  
No time to see, when woods we pass,  
Where squirrels hide their nuts in grass.  
No time to see, in broad daylight,  
Streams full of stars, like skies at night.  
No time to turn at Beauty's glance,  
And watch her feet, how they can dance.  
No time to wait till her mouth can  
Enrich that smile her eyes began.  
A poor life this if, full of care,  
We have no time to stand and stare.**

~ Rev. Pat

## MINISTER'S VACATION

Rev. Pat will be away on vacation from Thursday, 7/17 to Saturday, 7/27.



## FROM THE PRESIDENT

*Fran Green*

Our new fiscal year begins on the first day of July. During the first week the UUCOB Board of Directors holds its first meeting, and later in the month will hold a retreat for board members to get to know each other better, and to put plans in place for the new year.

Missing from those meetings will be someone who has given a great deal to UUCOB over many years. Joan Liston will be “retired” from the board, at least for now. Joan most recently has served as Vice President but she has also taken on the responsibilities of Membership during the absence of a chair for that committee. Her service deserves special recognition. She is the one who has reminded me of many of the responsibilities of the president. She is the one who remembers to send notes

and flowers at the appropriate times. She has helped compile the mailing lists and the spreadsheet we keep to maintain contact with members and friends. Although her husband, Dick, is our Newsletter editor, I am sure Joan helps him with it as much as she helps me with my duties. Joan has helped keep me sane when I feel overwhelmed.

Joan has also served for many years on the board of the League of Women Voters of Dare County, and I understand she is also “retiring” from that board. I am sure that Joan’s family will enjoy having more time with her as will her tennis partners at Chicahauk. Please join me in thanking Joan for her service to UUCOB and wishing her many happy days during her “retirement”.



### "Important UUs"

**Jody Holcomb’s daughter Hannah Sloate, First Flight High School Class of 2008,** was featured in local papers several times recently as she was awarded with four different scholarships to help with college expenses. She needed to have demonstrated good academic standing, community involvement, a positive work history, and plans to help with college costs. For the Dare Education Foundation scholarship she earned her award by tutoring middle school students.

**Meet another new dynamic member, Barb Goulet.** You may know that Barb lives in Colington with her two sons and one daughter. What you may not know is that Barb served in the military for 23 years and retired as a Lieutenant Colonel while stationed at the Pentagon. Her husband passed away 8 ½ years ago while living in Springfield, Va. She decided to start a new life near water. After visiting the Outer Banks with a girlfriend, she purchased a home three months later. She closed on her house immediately following Hurricane Isabel. Barb was raised a Catholic and later became a Methodist. After shopping for a protestant church here, she began visiting UUCOB while active in the Food Coop. She often visited when friends Janice Lane and Jennifer Gilbreath were participating and loved the diversity of the people and openness. She said it just felt so comfortable so she decided to make the commitment and join. Barb is a volunteer in charge of the Food Pantry, helps out greeting, sending cards, and organized the Kim Kalman concert. When she isn’t caring for three active children, you can find her arranging flowers for her own business, “Eclectic Designs by Barb” and working at Duck Donuts. She is hopeful of selling her home this summer and moving to Baum Bay near another new member, Mary Ellen Hawthorne. Our church was very happy to officially welcome Barb Goulet to its fold this Spring. *Joan Liston*

## Treasurer Trivia

*Chuck Purser*



A new fiscal year is underway for our congregation and we have doors to open for opportunities to consider. Let's do it. We can progress as far as our financial resources and available volunteers will take us. Both are needed for success.

End of year financial positions will not be finalized for newsletter publication until the August issue. Through May we had completed 92% of the budget year, collected 82% of planned income, and had paid 83% of expected expenses. Income exceeded expenses by \$146 in May, leaving a negative \$957 balance for the year of money paid out compared to money collected.

Insurance premiums paid in June totaled \$6,360 and that will leave about \$500 due FEMA in October for the new portion of our building. Wind and Hail coverage is the single largest part of the insurance cost, totaling \$3,479 for the coming year. The first invoice was \$4,574 and we raised the deductible to \$10,000 from \$5,000 to lower the premium about \$1,100. We don't know what to expect at the end of next year for insurance cost.

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## THANKS TO ALL FOR A SUCCESSFUL SILENT AUCTION

A huge thank you to everyone who helped make the silent auction a fun and financially profitable event. Once again Susan Lawrence organized this annual auction with a lot of help from Nancy Proctor, Sherrie Lemnios, Monika Lupean, Jody Holcomb, Florence Burnham, Claudia Jones, Mary Ellen Hawthorne, Dennis Tromba, Chuck Purser, Janice Lane, Jennifer Wooten, Kathy McMahan, Laura Gilson, Fran Green, Joan Liston, Rev. Pat as our auctioneer extraordinaire, and others. Of course none of it would have happened without our members' and friends' personal contributions and solicitation of business contributions. Thank you letters to 30 businesses!! We made over \$3500!! *Joan Liston*

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## GREETINGS FROM THE BACK BENCH

Long experience has led me to keep my public opinions to a minimum; but given the correct circumstance I will step up onto the soapbox.

According to our stated belief in this congregation we all place a high value on the exercise of reason; yet it seems when the opportunity for a real conversation about ideas is proffered every month in the "Lunch with Pat" program few attend.

I am perplexed. Granted our minister has considerable social skills and I take it that we all agree Pat displays a good hearted presence to the congregation; but I do not think that her quite considerable intellectual skills are given the recognition they should deserve. Sunday services constitute an agreeable mix of easy platitudes, song and symbol; while substantive conversation is usually left to the vagaries of our post service coffee gathering. I am quite willing to give conventional form its proper due and even an old retrobabe like myself has been known to tear up during a Sunday service; yet amid this easy formality the crucible of ideas is placed on the back burner. Within a more traditional religious framework faith always trumps intellectual inquiry but within our collection of self proclaimed seekers there are no simple unexamined answers and our faith, if you will, is a work in progress. We may all exercise our other Unitarian virtues in many and varied social settings both inside our church walls and in the world at large; while the opportunities for a genuine intellectual interchange are few and far between in this wide world.

Opportunity knocks softly.

*Dennis Tromba*

# FROM THE BOARD

## June 2008 Board Meeting Action Items

1. Approved the Food Bank of the Albemarle to be the Share-the-Plate recipient for July.
2. Scheduled a Board Retreat for Saturday, July 12, 2008. Recipients for Share-the-Plate for the new fiscal year will be selected at the retreat. Other topics for the retreat are maintenance of the Trumba Calendar for UUCOB's year, the Minister's public role, and considering a policy for taking public stands on issues.
3. Defined the "smoking area" as the space on the front porch beyond the door. Smokers are asked to refrain from smoking on the steps or in the space in front of the entrance door.
4. Approved expenditure to honor Roberta Graves for her contribution to our June 15, 2008 service. Flowers will be presented to her following the service, and a donation will be made to Feline Hope in Roberta's honor.
5. Thanked the Nominating Committee for their work in putting together the slate of Board nominees for the Annual Meeting. The Committee is chaired by Jody Holcomb. Members are Jennifer Frost and Dennis Tromba.

*A complete copy of the meeting minutes, committee reports and associated documentation are posted in the office at UUCOB.*

## LUNCH WITH PAT

*Tuesday, July 8, Noon to 1:30 PM*

*UUCOB Meetinghouse*

*Bring your own lunch and beverage.*

*You are invited to join Rev. Pat, our minister, and other UUCOB members and friends for lunch, socializing, and conversation.*

*This month's topic will be "Separation of Church and State." What does this topic bring to your mind?*

*Have you been hoping to join in on "Lunch W/ Pat" conversations, but second Tuesdays of the month, a noontime session, and/or a daytime location in Kitty Hawk has kept you from being able to attend? Please contact Rev. Pat at UUCOB (261-2801; [minister@uucob.org](mailto:minister@uucob.org)) if another time or location would work better for you.*

*The playground will be in use by the Montessori school. Accordingly, the porch and Minister's Office may be available for supervised play. Any interested in a cooperative playgroup and/or finding a sitter together may also contact Rev. Pat.*

## PERSONAL AND LOST AND FOUND ITEMS

Especially after the Service Auction, many personal items have collected in the Lost and Found, in the UUCOB kitchen and conference room/office.

As we have limited space, it would be helpful if any personal items could be taken home.



# JULY 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 +ADD ▼ THINKING AND ACTING OUTSIDE THE BOX PART 2. Discussion facilitated by Rev Dick Batzler on ancient religious and metaphysical concepts and their relationship to contemporary spirituality ▼ 12:15p Healing Circle	30 +ADD ▼ 7:30p Al Anon	1 +ADD ▼ 9a Weight Watchers ▼ 2p Minister's Office Hours ▼ 5p Weight Watchers	2 +ADD ▼ 9a Minister's Office Hours	3 +ADD ▼ 2p Minister's Office Hours	4 +ADD	5 +ADD ▼ 9:30a Edenton UU Discussion Group
6 +ADD ▼ 10:30a Why Do We Do What We Do on Sundays? - Rev. Pat Guthmann Haresch ▼ 11:45a Art Reception	7 +ADD ▼ 7p Edenton Discussion Group ▼ 7:30p Al Anon	8 +ADD ▼ 9a Weight Watchers ▼ 12p Lunch With Pat ▼ 2p Minister's Office Hours ▼ 5p Weight Watchers	9 +ADD ▼ 9a Minister's Office Hours	10 +ADD ▼ 2p Minister's Office Hours	11 +ADD ▼ 6p The Outer Banks Peace Meditation Group	12 +
13 +ADD ▼ "Michael Servetus Died for Your Religious Freedom" - Rev. Pat Guthmann Haresch	14 +ADD ▼ 7:30p Al Anon	15 +ADD ▼ 9a Weight Watchers ▼ 2p Minister's Office Hours ▼ 5p Weight Watchers	16 +ADD ▼ 9a Minister's Office Hours	17 +ADD ▼ Minister On Vacation	18 +ADD ▼ 7:30p Jewish Service	19 +
20 +ADD ▼ Meditation: A Search for Stillness - Janice Lane	21 +ADD ▼ 7p Edenton Discussion Group ▼ 7:30p Al Anon	22 +ADD ▼ 9a Weight Watchers ▼ 5p Weight Watchers	23 +ADD ▼ 6:30p Drumming	24 +ADD	25 +ADD	26 +
27 +ADD €▼ Minister On Vacation	28 +ADD ▼ 7:30p Al Anon	29 +ADD ▼ 9a Weight Watchers ▼ 2p Minister's Office Hours ▼ 5p Weight Watchers	30 +ADD ▼ 9a Minister's Office Hours	31 +ADD ▼ 2p Minister's Office Hours	1 +ADD	2 +ADD ▼ 9:30a Edenton UU Discussion Group

## Wanchese Native To Be Featured In Next Art Show

Eleanor Meekins was born to the Tillet fishing family in Wanchese. Her earliest memory of art is the paintings of her uncle Ralph who was a primitive artist. She will bring some of his paintings to hang as well as some other primitive artists on Roanoke Island such as, Mabel Evans Jones, Albert Quentin Bell and Ms. Winn, a teacher. She will also bring paintings of some of her favorite artists on the Outer Banks, many of whom she has taken classes with.

Eleanor's paintings span a period of forty-four years. She began by painting street scenes, then changed to abstract and now paints wildlife, guided by her current teacher, Hudson Williams. Eleanor will give a talk about her work and others that have inspired her on July 6 following the Sunday service. This should be very interesting and include many stories and vignettes of local history on the Outer Banks.

# District & UUA News & Events

## Announcing the New Orleans Rebirth Volunteer Center

Management of a joint Unitarian Universalist Association (UUA)-Unitarian Universalist Service Committee (UUSC) program that has placed some 2,000 volunteers in Louisiana and Mississippi to help with rebuilding and recovery efforts after the 2005 hurricanes is being transferred to local leadership. The Unitarian Universalist Association, Unitarian Universalist Service Committee, and a coalition of New Orleans UU churches (known as the Greater New Orleans Unitarian Universalists) announced that the volunteer program will be stewarded by the coalition's New Orleans Rebirth Volunteer Center. The volunteer program has been the most successful and extensive in the history of the UU denomination.

New Orleans native Quo Vadis Breaux, who has managed the program locally for UUSC for the past year will serve as the executive director of the center. According to Breaux, "The Rebirth Volunteer Center provides service opportunities for volunteers from the United States and beyond. Volunteers come to give, as well as to find that they have received the gifts of gratitude, knowledge, and the fellowship of standing in solidarity with residents and other volunteers."

Important roles for volunteers remain. "It may surprise folks from around the country, but there is still an enormous need for volunteers, even nearly three years after Katrina," said Reverend Melanie Morel-Ensminger of First Unitarian Church in New Orleans. "Some experts predict that it may take a generation for full recovery to take place. We've learned, a little painfully, that recovery is a marathon, not a sprint."

At the volunteer center, hundreds of volunteers have had the privilege of sharing home-cooked meals by Jyaphia Cristos-Rogers (or her sister) as a bonus to the discussions she leads about race, gender, and class. Those volunteers will be thrilled to learn that both Cristos-Rogers's trainings and cooking will continue as integral parts of the Rebirth Center. Cristos-Rogers said, "When you come to New Orleans to help rebuild, you take your place at the table and in our hearts. You

are family, invited into a relationship of solidarity. It starts with one visit, but the connections last much longer. Together we are bending the arc of Gulf Coast recovery toward justice." In addition to the hospitality offered at the volunteer center, which is housed at First UU Church, accommodations are now available for volunteers at Community Church and other facilities.

Donations to the New Orleans Rebirth Volunteer Center can be sent to First UU Church New Orleans, 2903 Jefferson Avenue, New Orleans, LA 70115. Checks can be made out to "New Orleans Rebirth Volunteer Center" or just "Volunteer Center." For more information about individual or group volunteer opportunities this summer, please e-mail [qvbreaux@uusc.org](mailto:qvbreaux@uusc.org) or [uukatrina@uusc.org](mailto:uukatrina@uusc.org). During business hours, interested parties can call (857) 928-6791 or (504) 866-4170.

For more go to: <http://www.uusc.org/gulfcoastvolunteerprogram/rebirthvolunteer.html>

## New Orleans Trip (August 2-9, 2008)

The Thomas Jefferson District will sponsor another volunteer team to work in New Orleans, following the three successful trips this spring led by Anna and Clark Olsen from Asheville, Myrtle Hepler from Raleigh, and Pam Whistler and Jeff Jennings from Charlotte.

The trip, led by Annette Marquis (District Executive), will run from August 2 - August 9, 2008. The team will stay in the Volunteer Center at First UU Church of New Orleans and will work on various projects, probably in the 9th Ward. Almost three years after Katrina devastated 80% of the city, much of it, particularly in poor, black neighborhoods, is still in ruins. We cannot let the people there think they have been forgotten. It is vitally important that we UUs demonstrate our continued commitment to this work.

If you are interested in participating this August, please contact Annette as soon as possible so we can begin making formal plans. The week is sure to be a memorable expression of your faith in action. Respond now to let Annette know of your interest. Email her at [amarquis@uua.org](mailto:amarquis@uua.org).

*The mission of the  
Unitarian Universalist  
Congregation  
of the Outer Banks  
is to be a focal point  
of enlightenment,  
enriching our spiritual  
lives and enhancing  
the quality of life  
in our community.*



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## OUR PRINCIPLES

*We, the member congregations of the  
Unitarian Universalist Association,  
covenant to affirm and promote:*

The inherent worth and dignity of  
every person;  
Justice, equity and compassion in  
human relations;  
Acceptance of one another and  
encouragement to spiritual growth in our  
congregations;  
A free and responsible search for  
truth and meaning;  
The right of conscience and the use of  
the democratic process within our  
congregations and in society at large;  
The goal of world community with  
peace, liberty, and justice for all;  
Respect for the interdependent web of  
all existence of which we are a part.

## COME JOIN US!

Our meeting house is located at the corner  
of Kitty Hawk Road and Herbert Perry Road.  
It is one mile west of Highway 158 at about  
milepost 4.

## SUNDAY PROGRAMS

All services are held at 10:30 am. A pro-  
gram is provided for older children and child-  
care is available for the youngest.

The 4th Sunday of each month is "Discus-  
sion Sunday" and people are welcome to bring  
simple snacks.

The first Sunday of each month is Food  
Pantry Sunday, so please remember to bring a  
donation of non-perishable unopened foods,  
personal items or paper products.

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To have something included in the  
newsletter, please email it to  
[jodliston@embarqmail.com](mailto:jodliston@embarqmail.com)