



**This Week's Service**



**Sunday, January 31 at 10:30 am**  
**Guest Speaker: Eric Bannan**

**This Sunday: Join us online this Sunday at 10:30AM! Our guest speaker Eric Bannan, who, along with Worship Associate Nellie Dixon and Musician Sherrie Lemnios, will present a sermon in story and song: "World Changing 101 - Challenging The Myth Of Powerlessness".** You are changing the world whether you like it or not! Inspired by David LaMotte's book and work for social justice, we will explore how our everyday choices make more difference than we realize. We will take a look at how big change can be made up of small changes.

**About our speaker:**

**UUCOB is honored to welcome Eric Bannan from Pittsboro, NC.** Eric is a songwriter and storyteller. His home church is The Community Church of Chapel Hill UU. He is a husband, father with a Masters in Computer Science. He is a veteran of the US Coast Guard Rescue flight crew and a back country adventure racer and a cancer survivor. Eric says he has been called to share his art to inspire, heal, motivate for positive change and build community.

**To join, use this link:**

<https://us02web.zoom.us/j/83828448189>

**Meeting ID: 838 2844 8189**

**To join by phone (audio only): +1 929 205 6099**

**Making Things Happen at UUCOB**



**Makeover  
in the Meeting House**

"When life gives you lemons, make lemonade"— a fitting quote for taking this unfortunate, long closure of the building, and turning it into an opportunity to do some much-needed housekeeping. When we all

finally get back together in-person, you will see a stunning new interior paint job. In addition, a new gallery hanging system will be installed for hanging art that will not put holes and scuffs on our walls. Thanks to Gary Crane for getting things rolling and for his continued work and supervision of this and other improvement projects on our building. Also, thanks to Sherrie Lemnios and Nancy and Charlie Byrne for their work and dedication to the project.

**Rev. David's Quote of the Week**

**In the center of her inaugural poem, "The Hill We Climb," National Youth Poet Laureate Amanda Gorman offered this thought:**

"Let the globe, if nothing else, say this is true:  
That even as we grieved, we grew  
That even as we hurt, we hoped  
That even as we tired, we tried  
That we'll forever be tied together, victorious  
Not because we will never again know defeat  
but because we will never again sow division."

May these words be a blessing for us all as we move into the days ahead-- not just about national politics or local disagreements, but about the rebuilding of our shared life and our spirits when the long social drought of the pandemic finally draws to a close and we can once again drink deeply from the wells of face-to-face community.

**Share the Plate – JANUARY**



**One half of all Sunday morning offerings will be donated to...**

**Outer Banks Cancer Support Group** –providing moral support to cancer survivors and their families and transportation to and from nearby treatment facilities.

**To donate: Visit our website: [www.uucob.org](http://www.uucob.org) and click on the DONATE button.** After you specify the amount, you will have the option to select "Sunday Morning Offering"

**Connect with UUCOB**

**Unitarian Universalist Congregation of the Outer Banks**  
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**For a list of our current Board members: [UUCOB Board](#)**