

## This Week's Service



Sunday, March 6<sup>th</sup> at 10:30 am  
*In-Person and streamed live from  
the sanctuary via Zoom*

Join Worship Associate Bryan Jones, Musician Sherrie Lemnios, and guest speaker Lucinda Herring in the UUCOB Sanctuary or online for this week's service: **GREENING THE GATEWAY OF DEATH**. The service will explore more natural, healing and sustainable ways to care for our dead. More natural after-death care options are transforming the paradigm of the existing funeral industry, helping families and communities recover their instinctive and sacred capacity to care for a loved one after death, and to do so in creative, nourishing, and healing ways. Our speaker, Lucinda Herring, has worked at the cutting edge of the green funeral movement for more than twenty years, beginning with other pioneers in the 1990's to quietly care for loved ones after death. Today she is one of the leading voices for more healing and ecological ways to care for our dead.

To join online, please follow this link:

<https://us02web.zoom.us/j/84945108473?pwd=bHBiTGtPcmdSVnVzREkwQzRGbGZ6UT09>

Meeting ID: 849 4510 8473

Passcode: 370660

To join by phone (audio only): +1 301 715 8592



This Sunday, March 6, we will have quite a few out-of-town guests so we will continue our mask requirement for Sunday services for one more week. We don't ask anyone to disclose their COVID vaccination status in our congregation, so in order to ensure our guests' safety and that of vulnerable folks in our community.

Next Sunday, March 13, we will adopt the newest CDC guidelines and masks will remain welcome but optional for Sunday services. Masks are no longer required for small group gatherings, but are always welcome for those who feel it best.

## Art Gallery News



Please count on staying after this Sunday's service (March 6<sup>th</sup>) for the Shay Herring Clayton Art Show Opening featuring her beautiful watercolor and mixed media work. Check our website for more information [here](#).

For those of you on Facebook, please share our post. [View it here](#).

NOTE: We are looking for a few folks to bring some snacks for the reception.

## Rev. David's Quote of the Week

Theologian and religious leader Howard Thurman (1899 - 1981) wrote: "Knowledge abounds on every hand by which my steps may be guided. Facts, facts, facts ... They are everywhere about me. I know with my mind the meaning of many choices that I make. Besides there are many sources upon which I may draw for information that will be the raw material of my decisions. But facts are not the heart of my need. I need wisdom. The quality that will make clear to me the significance, the relatedness of things that are a part of my daily experience — this I lack again and again. I need wisdom to cast a slow and steady radiance over all my landscape in order that things, choices, deeds may be seen in their true light — the light of the eternal and the timeless."

In our own day, we are bombarded with information from every side, and we know that only some of it includes facts. Our need for wisdom in discerning what is true, as well as how we might best choose to respond to the events and crises of our time has only grown greater. Where do you turn for wisdom?

## Share the Plate for March

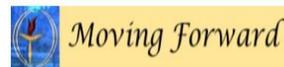


This month, a portion of all Sunday morning offerings will be donated to:

*GEM Adult Day Services* - providing quality services to adults with memory loss, physical, and mental disabilities and those in need of socialization. GEM provides a positive, supportive environment for both participants and their caregivers.

To donate: Visit our website: [www.uucob.org](http://www.uucob.org) and click on the DONATE button. *After you specify the amount, you will have the option to select "Sunday Morning Offering".*

## UUCOB Transition 2022



The UUCOB Board continues their work to lead the congregation through this transitional time since [Rev. David's announcement](#). The Board encourages all of you to check the transitions page on our website, which is updated frequently as plans progress. Stay informed: [Transition 2022](#).

## Connect with UUCOB

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*at the corner of Kitty Hawk and Herbert Perry Rd.*

Email: [info.uucob@gmail.com](mailto:info.uucob@gmail.com)

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Find us on social media:

Facebook: <https://www.facebook.com/UUCOB/>

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