



Due to the COVID 19 Stay in Place Policy, UUCOB facilities are closed to all events and activities until further notice.

This Sunday's Service



Online with UUCOB:
Sunday Service: June 21, 10:30 am

"We Give Thanks" Our online service this Sunday will be an interactive invitation to reflect and share what we are grateful for. Powerful at any time, a practice of intentional gratitude is all the more needed in moments when things are not as we believe they should be. What are you grateful for?

Join us on Zoom at 10:30 Sunday, June 21st at the link below:
<https://us02web.zoom.us/j/86526896349> Meeting ID: 865 2689 6349
To join by phone (audio only):
Find your local number: <https://us02web.zoom.us/j/kdqTCxxTUD>

News & Notes



Last Chance to Register for
UUA General Assembly!

This year's first-ever Online General Assembly of the UU Association of Congregations begins on Wednesday, June 24th! Don't miss this unique chance to attend from home! Visit www.uua.org/ga for more information and to register. If you are registered and would like to discuss serving as a UUCOB delegate, please contact Rev. David for information.

On Sunday, June 28th, our congregation will join with UUs nationwide to stream the UUA General Assembly Sunday Morning Worship.



Wednesday, June 24th through
Sunday, June 28th

"Most of my UUCOB time will be spent attending the Online Ministry Days and General Assembly. I can be reached for pastoral emergencies or urgent congregational business via email or text message. Watch next week's announcements for a special GA Edition Zoom Teatime With Rev. David for anyone who is attending electronically to share our experiences."

UUCOB - Creating Connections...



Get Involved with UU the Vote:
Opportunities for Action:

EVERY FRIDAY... All are welcome ... Join the UU Action Hour!
All you have to do is Zoom in, and we'll have a list of easy, impactful actions ready to go. Along the way, you'll be accompanied by good justice music, fellowship, and support. Try it once and see if you're not hooked!
Every Friday at 11:00 am on Zoom: <https://zoom.us/j/91029655107>

ACTIONS TO DO NOW...1 AND 2 HAPPEN TONIGHT, THURSDAY...

1) UU & You Can Vote Partnership Meeting
THIS Thursday, June 18th at 5:00 You Can Vote Executive Director, Kate Fellman will be talking with UUs across the state about their new plan to engage voters this summer and fall. Whether you are a long-time volunteer with You Can Vote or just want to learn more about their work, join us on zoom: <https://zoom.us/j/92182590724>

2) Democracy NC Elections Advocacy Webinar
ALSO Thursday, June 18, at 6 p.m. This hour-long training will provide an overview of new election rules amid the COVID pandemic — including pending litigation that could make a big impact. Most importantly, we'll take a deep dive into how you can take action right now in support of better Early Voting options in your county. Register here: <https://democrync.org/events/2020-general-election-early-voting-advocacy-training/>

3) General Assembly Phone Banking w/ Reclaim Our Vote
The UUA is excited to announce that our new National Partner is our beloved postcard partners, Reclaim Our Vote! Over the course of GA, the goal has been set to call 100,000 potential voters in Texas before the state's primary. Note*** You do not have to be registered for GA to volunteer. [Join the 100K Challenge!](#)
[You can Register Here](#)

Rev. David's Quote of the Week

Mystic poet Oriah Mountain Dreamer (b. 1954) writes:

"This is the reality we live: aspiring to be at our best, longing for and sometimes finding meaning and connection within ourselves and with that which is larger than ourselves, we are undone by messy bathrooms, traffic jams, and burnt toast. I am not interested in spirituality that cannot encompass my humanness. Because beneath the small daily trials are harder paradoxes, things the mind cannot reconcile but the heart must hold if we are to live fully: profound tiredness and radical hope; shattered beliefs and relentless faith; the seemingly contradictory longings for personal freedom and a deep commitment to others, for solitude and intimacy, for the ability to simply be with the world and the need to change what we know is not right about how we are living."

These days you may be finding far more than the ordinary "small daily trials" to distract you from your aspirations. How are you finding your way through the paradoxical need to be with the world as it is while also working to change it?

Share the Plate



for the month of June...

One half of all Sunday morning offerings will be donated to:

Storm Recovery: A fund to assist UUCOB congregants and fellow UU organizations with recovery in the event of damaging storms.

UUCOB's Virtual Poetry Slam



From Ruth Bader Ginsberg...

ON MAKING A DIFFERENCE
"Real change, enduring change, happens one step at a time."

ON VOICING AN OPINION
"You can disagree without being disagreeable."

ON HOW SHE'D LIKE TO BE REMEMBERED
"Someone who used whatever talent she had to do her work to the very best of her ability. And to help repair tears in her society, to make things a little better through the use of whatever ability she has."

Submit inspiring or humorous thoughts, poems, or quotations to: susanatuucob@gmail.com

Connect with UUCOB

Unitarian Universalist Congregation of the Outer Banks
831 Herbert Perry Road Kitty Hawk, NC
Website: www.uucob.org
Facebook: <https://www.facebook.com/UUCOB/>