

## This Week's Service



Sunday, August 29<sup>th</sup> at 10:30 am  
In-Person at the Meetinghouse  
(also, on Zoom)

Please join Rev. Dr. Gaye Morris, Worship Associate Kent Zimmerman, and Musician Sherrie Lemnios for this Sunday's service: "When People Don't Like What You Say"  
In our congregations, when we don't like what someone says (or what we've heard that they've said), instead of fuming silently, or expressing our anger to someone else, we are urged to approach the person with whom we differ directly – assuming good intentions – to ask them to speak with us about what is concerning us. Wouldn't it be grand if everyone everywhere lived more intentionally by a covenant of right relationship?

**A Note from the Worship Planning Community:** Our planned speaker for this week, **George Carver** of the Dare Minority Coalition, is unexpectedly unable to join us until a future date, for health reasons. We are fortunate that **Rev. Gaye Morris** has agreed to step in to cover this Sunday when Rev. David is scheduled to be out of the pulpit. The Rev. Dr. Gaye Morris lives in Manteo NC with her husband, the Rev. David Morris, and great-grandson Oliver. She is the affiliated Community Minister of the Oak Ridge Unitarian Universalist Church, Oak Ridge TN. She also teaches online courses in Communication as an adjunct instructor with Augusta University, Augusta GA. She was ordained in 2013 and served until 2019 as the full-time minister of the Unitarian Universalist Church of Augusta, GA.

### COVID-19 INFORMATION

For information on latest UUCOB Covid protocols, please visit our website: [www.uucob.org](http://www.uucob.org)

**To Our Families with Children:** Our professional childcare provider, Jessica Wilson, will return on Sunday, September 12. Meanwhile, we welcome children in the sanctuary, but strongly suggest you bring activities for them to pass the time if the service doesn't keep their attention.

## And coming up next Sunday...



**Water Communion is Coming!**  
Sunday, September 5th

We will celebrate the Water Communion

Ceremony that recognizes both the many ways we have traveled since we last shared this simple, beloved ritual two years ago, and the gifts we bring together to our spiritual community.

Please plan to bring a small container of water to share, to represent a place of significance you have visited--or stayed, like your own home--since September of 2019, as well as a gift you hope to bring--your love of community, or your newly-found breadmaking skills, or your lessons about your own resilience, for example--to our congregation this year. We'll combine the water in a common bowl, keeping and purifying some of it for ceremonies like Child Dedications, and returning some of it to the earth and waters through our grounds outside.

## Stay Connected

Unitarian Universalist Congregation of the Outer Banks  
831 Herbert Perry Road Kitty Hawk, NC 27949

Email: [info.uucob@gmail.com](mailto:info.uucob@gmail.com)

Please visit our website: [www.uucob.org](http://www.uucob.org)  
Facebook: <https://www.facebook.com/UUCOB/>  
Instagram: [@uucob](https://www.instagram.com/uucob)

For a list of our UUCOB Board members:  
<http://www.uucob.org/governance/>

## Rev. David's Quote of the Week



Theologian Paul Tillich (1886 - 1965)

wrote: "Grace strikes us when we are in great pain and restlessness. It strikes us when we walk through the dark valley of a meaningless and empty life. It strikes us when we feel our separation is deeper than usual, because we have violated another life, a life which we love, or from which we were estranged. It strikes us when our disgust for our own being, our indifference, our weakness, our hostility, and our lack of direction and composure has become intolerable to us. It strikes us when, year after year, the longed-for perfection of life does not appear, when the old compulsions reign within us as they have for decades, when despair destroys all joy and courage. Sometimes at that moment a wave of light breaks into our darkness, and it is as though a voice were saying: "You are accepted. You are accepted by that which is greater than you, and the name of which you do not know...." If that happens to us, we experience grace. After such an experience, we may not be better than before, and we may not believe more than before. But everything is transformed."

Have you ever felt what Tillich describes as a moment of grace? What was that like for you? Have you spoken about it with anyone, to describe it or invite them to share an experience of their own? Our lives are enriched if we make space for deep conversations about each other's transformational experiences.

## Share the Plate for August



This month, a portion of all Sunday morning offerings will be donated to...

**Interfaith Outreach** – providing direct services to people who are facing a temporary emergency crisis and makes referrals to people on the Outer Banks and surrounding areas who have no other place to turn for help

To donate: Visit our website: [www.uucob.org](http://www.uucob.org) and click on the **DONATE** button. After you specify the amount, you will have the option to select "Sunday Morning Offering".

## Get Involved



Support the Social Justice work of  
UU congregations in North Carolina

UU Justice NC is partnering with **All on the Line** to learn about the redistricting process and get the tools and training we need to effectively advocate for fair maps in the next month.

[CLICK HERE](#) to take a look at this video from UU Justice NC.

If you haven't already gotten in the game, join us at an upcoming Redistricting Event!

- State-Wide Public Comment Workshop, 9/3 Friday Action Hour: [Zoom Link](#)
- State-Wide Public Comment Workshop, Tuesday September 14th from 7:00 - 8:00 on Zoom [Register Here!](#)

To subscribe to the UU Justice NC's monthly newsletter: [CLICK HERE](#)